

Boogie 2nite

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4
編舞者: Kathy Hunyadi (USA)
音樂: Boogie 2Nite - Tweet

級數: Intermediate west coast swing



KICK, STEP, HEEL SWIVELS, ½ TURN, SYNCOPATED JAZZ, MAMBO ROCK

1-2 Kick right foot forward, step right foot behind left
3&4 Swivel both heels left, right, left as you turn ½ to right (weight is on left)
5&6 Cross right over left, step left foot slightly back, step right foot to side
7&8 Rock forward on left foot, recover weight to right, step left beside right

SIDE ROCK, SYNCOPATED WEAVE, SIDE ROCK, SAILOR STEP WITH ½ TURN LEFT

1-2 Rock to side right on right, recover weight to left
3&4 Cross step right behind left, step left to side, cross step right in front of left
5-6 Rock to side on left, recover weight to right
7&8 Step left behind right at same time turning ½ left, step right in place, step left slightly side

STEP RIGHT ¼ TURN, TOUCH & KICK, & 1 ½ TURN LEFT, ANCHOR STEP

1-2 Step forward right turning ¼ right, touch left toes side left
&3&4 Step left back, kick right forward, step right next to left, step left forward and turn ½ left
5&6 Step right back & turn ½ left, step left forward & turn ½ left, step right back
7&8 Step left behind right in 3rd position, step right in place, step left in place (anchor step)

SUGAR PUSH, TOE TOUCHES

1-2 Walk forward right, left
3&4 Step right behind left in 3rd position, step left in place, step right back
5-6 Step left back, touch right toes side right
&7&8 Step right next to left, touch left toes side left, step left next to right, touch right toes side right

REPEAT

RESTART

Do 3 walls of dance (32 counts). On the 4th wall, do only the first 16 counts of the dance and then restart with count 1. ("are you ready, are you ready, i hope you're ready...")