

Boogie Rock

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Anita Ludlow (UK)
音樂: Together Again - Janet Jackson



RIGHT SHUFFLE, LEFT SHUFFLE, CROSS STEPS WITH PUNCHES

1&2 Step forward right, close left beside right, step forward right
3&4 Step forward left, close right beside left, step forward left
5 Cross right over left punching both arms up to right diagonal
6 Cross left over right punching both arms up to left diagonal
7-8 Repeat steps 5-6

BACK STEP WITH STOMPS

9-10 Step diagonally back right with right foot, close left to right
11-12 Stomp left beside right, stomp right beside left
13-14 Step diagonally back left with left foot, close right to left
15-16 Stomp right beside left, stomp left beside right

SYNCOPATED CHASSE RIGHT, HEEL SWITCHES, TOE TOUCH & HITCH

17& Step right small step right, close left beside right
18& Step right small step right, close left beside right
19& Step right small step right, close left beside right
20 Step right small step right
21& Touch left heel forward, step left beside right
22& Touch right heel forward, step right beside left
23-24 Touch left toe to left side, hitch left knee

EXTENDED CHASSE RIGHT, HEEL SWITCHES, TOE TOUCH & HITCH

25& Step right small step right, close left beside right
26& Step right small step right, close left beside right
27& Step right small step right, close left beside right
28 Step right small step right
29& Touch left heel forward, step left beside right
30& Touch right heel forward, step right beside left
31-32 Touch left toe to left side, hook left across right

JUMP WITH ARM MOVEMENTS, STEP, HIP BUMPS

33 Jump feet apart punching right arm down in front of body and left, left arm down behind body
34 Jump feet together and lift arms either side of body hitching elbows
35 Jump feet apart punching left arm down in front of body and right, right arm down behind body
36 Jump feet together and left arms either side of body hitching elbows
37-38 Step right diagonally forward right and bump hips forward twice

TOGETHER, CLAP, STEP, HIP BUMPS, TOGETHER, CLAP, STEP ½ PIVOT, STEP ¼ PIVOT

39-40 Step left beside right, clap hands
41-42 Step left diagonally forward left and bump hips forward twice
43-44 Step right beside left, clap hands
45-46 Step forward right, pivot ½ turn left
47-48 Step forward right, pivot ¼ turn left

REPEAT
