

# Boogie Down

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Carolyn Robinson (USA)  
音樂: Rock Your Body - Justin Timberlake



## RIGHT HEEL TAP TWICE, RIGHT TOE TAP TWICE

1-2      Tap right heel forward two times  
3-4      Tap right toe back two times

## GRAPEVINE RIGHT WITH TOUCH

5      Side step right  
6      Step left toe angled behind right heel  
7      Side step right  
8      Touch left beside right

## LEFT HEEL TAP TWICE, LEFT TOE TAP TWICE

1-2      Tap left heel forward two times  
3-4      Tap left toe back two times

## GRAPEVINE LEFT WITH TOUCH

5      Side step left  
6      Step right toe angled behind left heel  
7      Side step left  
8      Touch right beside left

## UP & DOWN RIGHT HIP BUMPS (REMEMBER 'GOT TO BE FUNKY?')

1      Step ball of right at forward diagonal bump right hip up  
&      Keeping weight on left, bend knees and prepare for low bump  
2      Bump right hip low  
&      Rising up from bent knees keeping weight left  
3      Bump right hip high  
&      Bend knees and prepare for low right bump  
4      Bump right hip low

## UP & DOWN LEFT HIP BUMPS

5      Step ball of left at forward left diagonal bump left hip up  
&      Keeping weight on right, bend knees & prepare for low left bump  
6      Bump left hip low  
&      Rising up from bent knees keeping weight on right  
7      Bump left hip high  
&      Rising up from bent knees keep weight on right  
8      Bump left hip low-transferring weight to left

## LEFT PADDLE TURN -½ TURN (6:00)

1      Side touch right toe 1/8 turn left  
&      Hitch right  
2      Side touch right toe 1/8 turn left  
&      Hitch right  
3      Side touch right toe 1/8 turn left  
&      Hitch right  
4      Side touch right toe 1/8 turn left (should be facing back wall or 6:00 wall)

**SKATE RIGHT-LEFT-RIGHT-LEFT**

- 5 Skate right moving forward
- 6 Skate left moving forward
- 7 Skate right moving forward
- 8 Skate left moving forward

**REPEAT**

---