Boogie Back To Texas



拍數: 96 牆數: 4 級數:

編舞者: Jackie Grange

音樂: Boogie Back to Texas - Asleep at the Wheel



4 HEEL STRUTS FORWARD (HEEL, TOE, HEEL, TOE, HEEL, TOE)

1-2	Step forward on right heel, slap right toes down
3-4	Step forward on left heel, slap left toes down
5-6	Step forward on right heel, slap right toes down
7-8	Step forward on left heel, slap left toes down

RIGHT SIDE TOGETHERS (RIGHT, STEP, RIGHT, STEP, RIGHT, TOUCH)

1-2	Right step to the side (right), left step next to right
3-4	Right step to the side (right), left step next to right
5-6	Right step to the side (right), left step next to right
7-8	Right step to the side (right), left touch next to right

4 TOE STRUTS BACKWARDS (TOE, HEEL, TOE, HEEL, TOE, HEEL, TOE, HEEL)

1-2	Step back on left toes, step left heel down
3-4	Step back on right toes, step right heel down
5-6	Step back on left toes, step left heel down
7-8	Step back on right toes, step right heel down

LEFT SIDE TOGETHERS WITH 1/4 TURN (LEFT, STEP, LEFT, STEP, LEFT, STEP, TURN, BRUSH)

1-2	Step left to the side (left), step right next to left
3-4	Step left to the side (left), step right next to left
5-6	Step left to the side (left), step right next to left

7-8 Step left to the side, turning ¼ left, brush right foot forward

FULL PADDLE TURN TO RIGHT (STEP, PIVOT, STEP, PIVOT, STEP, PIVOT, STEP, PIVOT)

1-2	Step forward on right toes, turn ¼ left and change weight to left
3-4	Step forward on right toes, turn 1/4 left and change weight to left
5-6	Step forward on right toes, turn ¼ left and change weight to left
7-8	Step forward on right toes, turn 1/4 left and change weight to left

TOUCH, HOLD, FORWARD, HOLD, BACK, HOLD, FORWARD, HOLD

1-2	l ouch right neel forward, hold
3-4	Rock forward, hold
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5-6 Rock back, hold 7-8 Rock forward, hold

BACK, FORWARD, BACK, FORWARD, CROSS, BACK, SIDE, TOUCH

1-2	Left rock back, right rock forward
3-4	Left rock back, right rock forward

5-6 Left cross in front of right and step, right step back

7-8 Left step to side, right touch next to left

TRIPLE STEP, PUMP, PUMP, ROCK, STEP, STOMP, STOMP

1&2	Right step to the side (right), left slide next to left, right step to the side	,
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3-4	Left pump foot down towards floor, left pump again
5-6	Left rock back behind right, right rock forward

TRIPLE STEP, PUMP, PUMP, ROCK, STEP, STOMP, STOMP

1&2	Left step to the side (left), right slide next to right, left step to the side
3-4	Right pump foot down towards floor, right pump again

5-6 Right rock back behind right, left rock forward7-8 Right stomp next to left, right stomp next to left

HIP, HIP, HIP, SHIMMY, SHIMMY, SHIMMY, SHIMMY

1-4	Right step forward	and bump hips	s forward twice.	bump hips	back to left twice

5-6 Shimmy shoulders forward

7-8 Shimmy shoulders back (weight on left)

TRIPLE STEP, ROCK, STEP, TRIPLE STEP, ROCK, STEP

1&2	Right step to the side (right), left slide next to right, right step to the side (right)	ht)

3-4 Left rock back behind right, right rock forward

Left step to the side (left), right slide next to left, left step to the side (left)

7-8 Right rock back behind left, left rock forward

TRIPLE STEP, PUMP, PUMP, TRIPLE STEP, PUMP, PUMP

1&2	Right step to the side (r	ight), left slide next to right,	right step to the side (right)
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3-4 Left pump foot down towards floor, left pump again

Left step to the side (left), right slide next to left, left step to the side (left)

7-8 Right pump foot down towards floor, right pump again

REPEAT

When dancing to "Boogie Back To Texas", at the end, turn 1 ¼ turns right to face original wall, throw arms up and shout, "Boogie!"