

Boogaloo

拍數: 96 牆數: 1 級數:
編舞者: Lew Arnoild & Pat Arnoild
音樂: Anyway the Wind Blows - Brother Phelps



SWIVEL WALK RIGHT, CHARLIE CHAPLIN MOVE

- 1 Swivel heels to the right
 - 2 Swivel toes to the right
 - 3 Swivel heels to the right
 - 4 Spread toes apart
- On the next four beats, progress left.**
- 5 Spread heels apart (option: spread hands out and down)
 - 6 Spread toes apart (option: cross hands in front of body)
 - 7 Spread heels apart (option: spread hands out and down)
 - 8 Spread toes apart (option: cross hands in front of body) and finish with weight on left foot

DIAGONAL STEP & TOUCHES

- 9 Step forward and diagonally right on right foot
- 10 Touch left foot next to right
- 11 Step back and diagonally left on left foot
- 12 Touch right foot next to left
- 13 Step forward and diagonally right on right foot
- 14 Touch left foot next to right
- 15 Step back and diagonally left on left foot
- 16 Step right foot next to left

SUGARFOOT CROSSES & HOLDS

- 17 Touch left toe inward towards right instep
- 18 Turn left foot out and touch left heel next to right instep
- 19 Cross left foot over right and step
- 20 Hold
- 21 Touch right toe inward towards left instep
- 22 Turn right foot out and touch right heel next to left instep
- 23 Cross right foot over left and step
- 24 Hold

BOOGALOO

- 25-32 On balls of both feet, unwind one full turn to the left on these 8 beats. Using right arm, make a "lariat" over your head for four full loops as you turn to the music. Use your hips for a circling motion as you turn and wind up with the weight on left foot.

KICK-STEP CROSS RIGHT, DOUBLE CLAP, TRIPLE STOMP

- 33 Kick right foot forward
 - 34 Step right foot back next to left
 - 35 Cross left foot over to the other side of right and step
 - 36-37 Hold feet and clap hands twice
 - 38-40 Stomp right foot next to left three times
- 41-48 Repeat beats 33 through 40 (weight onto right foot on beat 48)

KICK-STEP CROSS LEFT, DOUBLE CLAP, TRIPLE STOMP

- 49 Kick left foot forward
- 50 Step left foot back next to right
- 51 Cross right foot over to the other side of left and step
- 52-53 Hold feet and clap hands twice
- 54-56 Stomp left foot next to right three times
- 57-64 Repeat beats 49 through 56 (weight onto left foot on beat 64)

MILITARY TURNS WITH HOLDS

- 65 Step forward on right foot
- 66 Hold
- 67 Pivot $\frac{1}{4}$ turn to the left on ball of foot
- 68 Shift weight to left foot
- 69-72 Repeat beats 65 through 68

DOUBLE STOMP, FORWARD, KICK, STEPS BACKWARD, FORWARD, KICK

- 73-74 Stomp right foot next to left twice
- 75 Step slightly forward on right foot
- 76 Kick left foot forward
- 77 Step back on left foot
- 78 Step back on right foot
- 79 Step forward on left foot
- 80 Kick right foot forward

CROSSES & KICKS

- 81 Cross right foot over left and step
- 82 Bring left foot out and kick foot straight forward
- 83 Cross left foot over right and step
- 84 Bring right foot out and kick foot straight forward
- 85-88 Repeat beats 81 through 84

CROSS, SLOW UNWIND

- 89 Cross right foot over left and step
- 90 Begin to unwind 112 turn to the left, rotate hips slightly and snap fingers
- 91 Continue to unwind $\frac{1}{2}$ turn to the left rotating hips slightly
- 92 Continue to unwind $\frac{1}{2}$ turn to the left, rotate hips slightly and snap fingers
- 93 Continue to unwind $\frac{1}{2}$ turn to the left rotating hips slightly
- 94 Continue to unwind $\frac{1}{2}$ turn to the left, rotate hips slightly and snap fingers
- 95 Continue to unwind $\frac{1}{2}$ turn to the left rotating hips slightly
- 96 Complete unwinding to the left, rotate hips slightly and snap fingers

REPEAT
