

Bonjour Josephine

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Jo Kinser (UK) & Debi Bodven (USA)
音樂: My Girl Josephine - Queen Ida



WALK, WALK, TAP AND HEEL, WALK, WALK, TAP AND HEEL

- 1-2 Step forward on the right foot, step forward on the left foot
3&4 Tap the right toe behind the left heel and step back on the right foot diagonally and tap left heel forward raising both arms
5-6 Step forward on the left foot, step forward on the right foot
7&8 Tap the left toe behind the right heel and step back on the left foot diagonally and tap right heel forward raising both arms

STEP BACK AND HOLD, ROLL RIGHT, ROLL LEFT, PIVOT ½ TURN, HOLD

- &1-2 Square back up while stepping back right, left feet should width apart, hold with arms out to both sides
3-4 Shift the weight right rolling arms right, hold
5-6 Shift the weight left rolling arms left, hold
7-8 Pivot ½ turns over left shoulder, hold

STEP BACK HOLD, BODY ROLL, FUNKY KNEE WALKS FORWARD

- &1-2 Step right back, left extending right arm forward palm up, hold
3-4 Body roll ending up with weight on the left foot
5&6& Walk forward right with both knees in, and bring both knees out, walk forward left with both knees in, and bring both knees out
7&8 Walk forward right with both knees in, and bring both knees out, walk forward left with both knees in

KICK-BALL FORWARD, SEXY WALKS, CHARLESTON KICKS WITH A ¼ TURN RIGHT, CHARLESTON KICKS

- 1&2 Right-kick-ball step forward left
3-4 Sexy walks forward right, left
5-6 Kick right diagonally forward left, kick the right diagonally back
&7-8 Pivot a ¼ turn right and, kick right diagonally forward left, kick the right diagonally back

SLOW COASTER FORWARD, HOLD, SLOW COASTER BACK, HOLD

- 1-2 Step forward on the right foot, step the left in-place next to the right
3-4 Step back on the right foot, hold
5-6 Step forward on the left foot, step the right in-place next to the left
7-8 Step back on the left foot, hold

SHIMMY 360 LEFT

- &1&2 Step in-place right left shimmy shoulders turning left 1/8, step in-place right left shimmy shoulders turning left 1/8
&3&4 Repeat
&5&6 Repeat
&7&8 Repeat

REPEAT