

Bonito

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Terhi Hulkkonen & Tarja Eriksson (FIN)
音樂: Bonito - Jarabe de Palo



RIGHT MAMBO, LEFT MAMBO, BACK MAMBO, STEP LOCK STEP

1&2 Rock right foot to right side, step left foot in place (recover), step right together
3&4 Rock left foot to left side, step right foot in place (recover), step left together
5&6 Rock right foot back, step left foot in place (recover), step right foot together
7&8 Step right foot forward, lock left foot behind right, step right foot forward

¼ TURN SIDE ROCK, HIP BUMPS, ROCK AND ½ TURN, ½ TURN SHUFFLE

9-10 Turn ¼ to left and rock right foot to right side, step left foot in place (recover)
11&12 Bump hips right, left, right
13&14 Rock left foot forward, step right foot in place (recover), turn ½ to left and step left foot forward
15&16 Turn ¼ to left and step right foot to right side, turn ¼ to left and step right together, step right foot back

SAILOR WITH RONDE, SKATE SHUFFLE FORWARD, ¼ TURN SKATE SHUFFLE, STEP TURN ½ STEP TURN ½

17&18 Sweeping left foot around and step behind right, step right foot together, step left foot forward
19&20 Skate right foot forward, skate left foot together, skate right foot forward
21&22 Turn ¼ to left and skate left foot forward, skate right together, skate left foot forward
23&24 Step right foot forward, turn ½ to left and step left foot forward, turn ½ to left and step right foot back

SAILOR WITH RONDE, SHUFFLE FORWARD, TURN AND TOUCH

25&26 Sweeping left foot around and step behind right, step right foot together, step left foot forward
27&28 Step right foot forward, step left together, step right foot forward
29& Turn ¼ to right and touch left toes to left side, step right foot in place
30& Turn ¼ to right and touch left toes to left side, step right foot in place
31&32 Turn ¼ to right and touch left toes to left side, step right foot in place, step left foot together

REPEAT
