

Bond Street

拍數: 32 牆數: 4 級數: Improver
編舞者: William Sevone (UK)
音樂: Theme From 'Johnny English' (Salsa Version) - Bond



BASIC CHARLESTON, 2X SIDE TOUCH-TOGETHER WITH EXPRESSION

- 1-2 Swing touch right foot forward, swing step right foot backward
3-4 Swing touch left foot backward, swing step left foot forward
5-6 Touch/point right toe to right side, step right foot next to left
7-8 Touch/point left toe to left side, step left foot next to right

On counts 5 and 7, turn head, swing arms slightly into direction of toe touch/point

½ RIGHT MONTEREY SPIN, STEP FORWARD, LOCK, STEP FORWARD, DIAGONAL FORWARD TOUCH, SIDE TOUCH, HEAD TURN WITH EXPRESSION

- 9-10 Touch/point right toe to right side, turn ½ right & step right foot next to left

On count 9, turn head, swing arms slightly into direction of toe touch/point

- 11-12 Step forward onto left foot, lock right foot behind left heel
13-14 Step forward onto left foot, touch/point right toe diagonally forward left
15-16 Touch/point right toe to right side, turn head to right

On count 16, as you complete turn head, 'flick' slightly upwards ('cock-a-hoot')

STEP FORWARD, LOCK, STEP FORWARD, DIAGONAL FORWARD TOUCH, SIDE TOUCH, HEAD TURN WITH EXPRESSION, ROCK FORWARD, ROCK

- 17-18 Step forward onto right foot, lock left foot behind right
19-20 Step forward onto right foot, touch/point left toe diagonally forward right
21-22 Touch/point left toe to left side, turn head left

On count 12, as you complete turn head, 'flick' slightly upwards ('cock-a-hoot')

- 23-24 Rock/step forward onto left foot, rock onto right foot

¼ LEFT SIDE STEP, BEHIND TOUCH WITH EXPRESSION, SIDE STEP, BEHIND TOUCH WITH EXPRESSION, GRAPEVINE, HIP HOLD WITH HEAD TURN

- 25-26 Turn ¼ left & step left foot to left side, touch/point right toe behind and across left foot

On count 26, bend left knee to exaggerate move, swing arms in same direction

- 27-28 Step right foot to right side, touch/point left toe behind and across right foot

On count 28, bend right knee to exaggerate move, swing arms in same direction

- 29-30 Step left foot to left side, cross step right foot behind left

- 31-32 Step left foot to left side, place hands on hips & turn head left

REPEAT

DANCE FINISH

The dance will finish on count 32 of the 17th wall. Just hold position