

The Bomb! (L/P)

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Intermediate line/partner dance
編舞者: Jo Thompson Szymanski (USA)
音樂: La Bomba (Remix Radio Edit) - Ricky Martin



Position: The partner dance version is done in a circle. Couples start in side-by-side position.

SAMBA FORWARD 4 TIMES

1&2 Step forward with right, rock back on ball of left, replace weight forward to right foot
3&4 Step forward with left, rock back on ball of right, replace weight forward to left foot
5-8 Repeat above 4 counts

Partners do the above 8 counts toward line of dance, both starting with the right foot.

SWIVEL RIGHT-LEFT-RIGHT & RIGHT, SWIVEL LEFT-RIGHT-LEFT & LEFT

1 Swivel on ball of left foot, step right foot to right side with toe pointing to right side
2 Swivel on ball of right foot, step left foot to left side with toe pointing to left side
3 Swivel on ball of left foot, step right foot to right side with toe pointing to right side
&4 Rock on ball of left foot where it is, replace weight to right foot
5-8 Repeat above 4 counts starting to left side

Partners both do right, left, triple right (1,2,3&4), left, right, triple left (5,6,7&8). He does his steps in place as she turns right and does a lariat to the right around him. Keep both hands joined, right hands low, left hands over her head, then his, then the right hands go over his head and she turns right a full turn in front of him. As she finishes her turn, she should be right in front of the man both facing line of dance. Let go of the hands and he places his hands on her waist, she places her hands on the waist of the man in front of her to create a conga line.

WALK 2, SAMBA ½ RIGHT, WALK 2, SAMBA ½ TURN LEFT

1-2 Toward side wall, ¼ left of front, walk forward right, left
3 Step forward with right foot turning ¼ right (you are now facing front)
& Rock ball of left foot to left side turning another ¼ right
4 Replace weight to right foot facing side wall ¼ right from front
5-6 Walk forward left, right
7 Step forward with left foot turning ¼ left (you are now facing front)
& Rock ball of right foot to right side turning another ¼ left
8 Replace weight to left foot facing side wall ¼ left from front

Partners: in conga line, walk forward right, left, right, point left toe to left side, forward left right, left, point right to right side.

WALK 2, SAMBA ½ RIGHT, WALK 2, SAMBA

1-2 Walk forward right, left
3 Step forward with right foot turning ¼ right (you are now facing front)
& Rock ball of left foot to left side turning another ¼ right
4 Replace weight to right foot facing side wall ¼ right from front.
5-6 Walk forward left, right
7 Step forward with left foot turning ¼ left (you are now facing front)
& Rock ball of right foot to right side turning another ¼ left
8 Replace weight to left foot facing side wall ¼ left from front

Counts 5-8 can be done with 1 ½ turn left

Partners: still in conga line, walk forward right, left, right, point left toe to left side, then releasing the waist, walk left, right, forward triple left returning to right side-by-side to start again. She can do a full turn left (free spin) traveling forward on counts 5-6.

REPEAT

