

Bomb Sex

拍數: 32 牆數: 0 級數:
編舞者: Danny Richards (AUS)
音樂: Sex Bomb - Tom Jones & Mousse T.



RIGHT AND LEFT JAZZ STEPS MOVING FORWARD, SYNCOPATED SIDE TAPS

- 1&2 Tap right foot forward and bump hips right, left, then right again with bent knees
3&4 Same as above but left lead still creating that up and down movement
5&6&7&8 Toe switches right & left & right & left, ending with left toe to side

TAP, ¼ TURN LEFT WITH KICK, COASTER STEP, ½ PIVOTS WITH HIP ROLLS

- 1-2 Tap left next to right, pivot ¼ left on ball of right kicking left slightly forward
3&4 Left coaster step (left, right, left)
5-6 Step forward right and pivot ½ left over 2 counts rolling hips
7-8 Tap left toe back, pivot ½ left over 2 counts rolling hips

ROCK RIGHT, RETURN, CROSS, STEP SIDE WITH ½ TURN, CROSS SHUFFLE, HIP ROLL

- &1-2 Rock right to right, recover left, step right across left
3-4 Step left to left pivoting ½ over right, step right to right
5&6 Cross shuffle right lead (styling- angle body at 45 degrees)
7-8 Touch right toe forward circling right knee to the right over 2 counts

MAMBO STEPS, KICK & TAP & CROSS, UNWIND

- 1&2 Rock forward on right, rock left in place, step right into left,
3&4 Rock back on left, rock right in place, step left into right
5&6& Kick right forward, step right into left, tap left toe left, step left next to right
7-8 Cross right over left, unwind on both feet pivoting ½ over left

REPEAT
