

# Bollylicious

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Jo Conroy (UK)  
音樂: Nach Baliye - Bunty Aur Bablie



## WALK WALK, ROCKING CHAIR, WALK WALK, ROCK & CROSS

1-2            Walk forward on right, left  
3&4&        Rock forward on right, recover back on left, rock back on right, recover left  
5-6            Walk forward right left  
7&8            Rock right to right side, cross right over left

## STEP ½ TURN, & CROSS & HEEL ¼ RIGHT CROSS & HEEL, & CROSS & HEEL

1-2            Step left forward, pivot ½ turn right  
3&4&        Cross left over right, step right back, touch left heel to left side  
&5&6        Step on to left, cross right over left, ¼ turn right stepping left to left side, touch right heel to right side  
&7&8        Step on to right, cross left over right, touch left heel to left side

## ROLLING VINE LEFT, FUNKY HIPS

1-2            Step on to left making ¼ turn left, ¼ turn left stepping back on right  
3-4&        ½ turn left, rock side left & clap  
5-6            Leaving weight on left, roll the hips to the left over 2 counts  
7-8            Repeat moves 5-6

**Optional arms: bring both hand up to praying hands above your head while doing hips or if you wish body rolls**

## ROLLING VINE RIGHT, FUNKY HIPS

1-2            Step on right making ¼ turn right, ¼ turn right stepping back on left  
3-4&        ½ turn right, rock side right & clap  
5-6            Leaving weight on right, roll hips to the left over 2 counts  
7-8&        Roll hips to the left over 2 counts & take weight on to left

**Optional arms: bring both hand up to praying hands above your head while doing hips or if you wish body rolls**  
**Restart here on wall 7**

## CROSS BACK ½ TURN RIGHT SHUFFLE TOUCH & HEEL & TURN TOUCH & HEEL

1-2            Cross right over left, step back on left  
3&4            ½ turn shuffle over right stepping right, left, right  
5&6            Touch left to left side, ¼ turn left touch right back  
&7&8&        Bring weight back on to right, touch left heel forward, touch right next to left (facing 12:00)

## DIAGONAL RIGHT STEP LOCK STEP LOCK, DIAGONAL LEFT STEP LOCK

1-2            Step right heel to right diagonal, step lock left behind right  
3-4            Step right to right diagonal, touch left behind right  
5-6            Step left heel to left diagonal, step lock left behind right

**Restart here during the 3rd wall, count 5 step left to left side**

7-8            Step left heel to left diagonal, touch right behind right

**Optional arms: right palm facing up above head, left palm facing down by left hip when going to right diagonal, change for left palm up right facing down when going left**

## TOUCH & TOUCH & TOUCH FLICK CROSS DIP & BACK LOCK STEP

1&2            Touch right toe to right side, touch left toe to left side  
&3-4        Touch right toe to right side, flick right heel  
5              Cross right over left, dip both knees (keeping weight on right)

- 6 Scoot back on right keeping left knee hitched behind right knee  
7-8 Back left lock step, (traveling backwards towards 7:00) (straighten up on 8 to face 9:00)  
stepping left, right, left

**CROSS UNWIND ½ TURN LEFT, SIDE RIGHT SHUFFLE, PADDLE TURN HALF TURN RIGHT**

- 1-2 Cross right over left unwind ½ left turn over left shoulder  
3&4 Cross right shuffle right, left, right  
5&6 Touch left toe to left side making a two count ¼ paddle turn right  
7-8 Repeat above to complete a ½ turn right (facing 9:00)

**REPEAT**

**RESTART**

During wall 3, you will be facing the back. Do a right lock step touch, and on count 5 step to the side on your left. Restart dance from the beginning

During wall seven you will be facing the back. Restart the dance after the first 32 counts

**TAG**

On 11th wall facing the back complete the first 32 counts and add 4 more counts

1-4 Hip bumps or rolls

Then continue with the dance, stepping side left

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