

Building Our Memories

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Alan Haywood (UK)
音樂: Making Memories of Us - Keith Urban



LEFT SIDE, HOLD, ROCK BACK, RECOVER. RIGHT SIDE HOLD, ROCK BACK, RECOVER

1-2 Step left to left side, hold for one count
3-4 Rock back onto right, recover weight forward onto left
5-6 Step right to right side, hold for one count
7-8 Rock back onto left, recover weight forward onto right

LEFT SIDE, RIGHT BEHIND, ¼ LEFT SHUFFLE. RIGHT FORWARD, ½ LEFT, 2 STEP FULL TURN LEFT

1-2 Step left to left side, cross step right behind left
3&4 Step left ¼ left, close right next to left, step left forward
5-6 Step right forward, pivot ½ turn left
7-8 Make ½ turn left, stepping right back. Make ½ turn left, stepping left forward

Easy option: walk forward right left

RIGHT SIDE, HOLD, LEFT BEHIND AND ACROSS, RIGHT SIDE ROCK, RECOVER, RIGHT BEHIND, LEFT ¼ LEFT, RIGHT FORWARD

1-2 Step right to right side, hold for one count
3&4 Step left behind right, step right to right side, cross step left over right
5-6 Rock right to right side, recover weight onto left
7&8 Step right behind left, step left ¼ left, step right forward

ROCK FORWARD LEFT, RECOVER LEFT BACK SHUFFLE, RIGHT COASTER, WALK FORWARD LEFT RIGHT

1-2 Rock forward onto left, recover weight back onto right
3&4 Step left back, close right next to left, step left back
5&6 Step right back, step left next to right, step right forward
7-8 Walk forward left, walk forward right

TOUCH LEFT BACK, UNWIND ¾ LEFT, RIGHT SIDE, TOGETHER, ¼ RIGHT SHUFFLE, LEFT FORWARD, ½ RIGHT

1-2 Touch left toe back, unwind ¾ turn left (weight on left)
3-4 Step right to right side, step left next to right
5&6 Step right ¼ right, close left next to right, step right forward
7-8 Step left forward, pivot ½ turn right

LEFT FORWARD, HOLD, 2 STEP FULL TURN LEFT, RIGHT SIDE, HOLD, LEFT COASTER

1-2 Step left forward, hold for one count
3-4 Make ½ turn left, stepping right back. Make ½ turn left, stepping left forward

Easy option: walk forward right left

5-6 Step right to right side, hold for one count
7&8 Step left back, right back, left forward

MONTEREY TURN, RIGHT SIDE, TOGETHER, RIGHT FORWARD SHUFFLE

1-2 Point right to right side, pivot ½ turn right, stepping right next to left
3-4 Point left to left side, step left next to right
5-6 Step right to right side, step left next to right
7&8 Step right forward, close left next to right, step right forward

ROCK FORWARD LEFT, RECOVER, TRIPLE FULL TURN LEFT, RIGHT SIDE ROCK, RECOVER, RIGHT BEHIND AND ACROSS

- 1-2 Rock forward onto left, recover weight back onto right
- 3&4 Triple full turn left, stepping left right left (easy option: left coaster)
- 5-6 Rock right to right side, recover weight onto left
- 7&8 Step right behind left, left to left side, cross step right over left

REPEAT

During the last wall, the music slows down slightly during Section 7 after Monterey turn. Slow down with the music and end on the triple turn in Section 8
