

Building Bridges

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Trent Duncan (AUS)
音樂: Building Bridges - Brooks & Dunn



STEP DRAG, MAMBO ROCK, ¼, ½, SHUFFLE ½

1-2 Step left to left side, drag right to left (take weight)
3&4 Left mambo rock to left corner - step left forward to left corner, rock back onto right, step left back
5-6 Step right forward turning ¼ turn right (9:00), turning ½ turn right step left back (3:00)
7&8 Turning ½ turn right shuffle right-left-right

¼ PIVOT, CROSS SHUFFLE, ½ TURN, SHUFFLE FORWARD

1-2 Step left forward, pivot ¼ turn right
3&4 Cross shuffle left-right-left to right side
5-6 Turning ¼ turn left step back right, turning ¼ turn left step left to side
7&8 Shuffle forward right-left-right

ROCK FORWARD, COASTER STEP, STEP FORWARD, TOUCH BEHIND, SHUFFLE BACK

1-2 Step left forward, rock weight back onto right
3&4 Left coaster step - step left back, step right back beside left, step left forward
5-6 Step right forward, touch left toe behind right foot
7&8 Shuffle back left-right-left

ROCK BACK, ¼ TURN SIDE ROCK, STEP CROSS HOLD, BALL CHANGE, TOUCH

1-2 Step right back, rock weight forward onto left
3-4 Turn ¼ turn left, step right to right side, rock weight onto left
5-6 Step right across in front of left, hold 1 beat
&7-8 Step left slight to left side, step right across in front of left, touch left beside right

KICK BALL CROSS, SIDE ROCK, SAILOR STEP, ½ PIVOT

1&2 Kick left foot to left corner, step left beside right, step right across in front of left
3-4 Step left to left side, rock weight onto right foot
5&6 Left sailor step - step left behind right, step right to right side, step left to left side
7-8 Step right forward, pivot ½ turn left

HIP SWAY FORWARD BACK, SHUFFLE, HIP SWAY FORWARD BACK SHUFFLE

1-2 Step right slightly to right corner - sway hips forward and back
3&4 Shuffle forward right-left-right to right corner
5-6 Step left slightly to left corner - sway hips forward and back
7&8 Shuffle forward left-right-left to left corner

BOX STEP WITH ¼ TURN, BOX STEP

1-2 Step right across in front of left, step left back
3-4 Turning ¼ turn right step right forward, step left beside right
5-6 Step right across in front of left, step left back
7-8 Step right to right side, step left beside right

STEP FORWARD, TOUCH BEHIND, STEP BACK, DRAG, STEP BACK TOGETHER, STEP FORWARD TOUCH BEHIND

1-2 Step right forward, touch left toe behind right foot
3-4 Step left back, drag right foot back to left

5-6 Step back right, step left beside right
7-8 Step right forward, touch left toe behind right foot

REPEAT

RESTART

During 2nd wall, dance until count 47&48 (shuffle), change this to a step left forward, step right beside left. Then restart and dance on a new wall. You will be restarting the dance facing the 3:00 wall

TAG

Dance 2 more complete walls (walls facing 3:00 and 9:00). Then add this tag

1-2 Step left forward, touch right toe behind left foot
3-4 Step left back, drag right back to left
5-6 Step left back, step right beside left
7-8 Turn $\frac{1}{4}$ right step left to left side, step right beside left

Brings you back to your front 12:00 wall
