

Bugs

拍數: 32 牆數: 4 級數: Improver
編舞者: Michael Diven (USA)
音樂: A Man Like Bugs - Roxie Dean



RIGHT SIDE SHUFFLE, ROCK, RECOVER, LEFT SIDE SHUFFLE ¼ TURN, ½ TURN TWICE

1&2 Right side shuffle, right, left, right
3-4 Rock back on left foot, recover weight back to right
5&6 Left side shuffle, left, right, left, making ¼ turn left
7-8 Make a ½ turn left stepping back on right, make a ½ turn left stepping forward on left

For those who don't like a lot of turns, just walk forward on counts 7-8

ROCK, SHUFFLE ½ TURN, ROCK, COASTER

1-2 Step forward on right, rock back on left
3&4 Shuffle on right, left, right making a ½ turn right
5-6 Step forward on left, rock back on right
7&8 Step back on left, step right next to left, step forward on left making a ¼ turn left

TOE, HEEL, COASTER STEP, TOE, HEEL, COASTER STEP

1-2 Touch right toe forward, switch to right heel forward
3&4 Step right back in place, step left foot next to right, step right in place
5-6 Touch left toe forward, switch to left heel forward
7&8 Step left foot next to right, step right foot back in place, step left next to right

ROCK, RECOVER, SHUFFLE BACK WITH ¾ TURN, TOUCH, HOLD, TOUCH, HOLD

1-2 Rock forward on right foot, recover weight back to left foot
3&4 Shuffle back right, left, right while turning ¾ turn right
5-6 Touch left heel forward, hold
7&8 Step back to the center with left foot, touch right toe back, hold

REPEAT
