Buggin' Me



拍數: 32 牆數: 4 級數: Intermediate cha cha

編舞者: Kash Bane (UK)

音樂: Bug a Boo - Destiny's Child



KICK AND SIDE ROCK (TWICE), ROCK, RECOVER, DOUBLE TIME

1&2& Kick right foot forward, step down on right, rock left foot to left side, recover onto right foot 3&4& Kick left foot forward, step down on left, rock right foot to right side, recover on to left foot

5-6 Rock right foot forward, recover onto left foot

7&8& Rock right foot backwards, recover onto left foot, rock right foot forward, recover onto left foot

34 TURN, 12 SHUFFLE, ROCK, RECOVER, 12 CHA-CHA

1-2 Make a ½ turn over right shoulder stepping right forward, make a ¼ turn right stepping left to

left side

3&4 Make a ½ turn over right shoulder stepping right foot forward, close left foot next to right, step

right foot forward

5-6 Rock left foot forward, recover onto right

7&8 Make a ½ turn over left shoulder stepping left, right, left in place

STOMP, LEFT SAILOR, QUICK ROCK, APPLEJACKS, SMALL SIDE HOPS

1	Stomp	riaht	foot t	to ric	aht s	side

2&3 Step left behind right, step right to right side, step left to left side

&4 Rock right to right side, recover onto left foot

&5 On ball of right and heel of left, swivel feet out to left side, return to center

&6 On ball of left and heel of right, swivel feet to right, return to center

&7 On ball of right and heel of left, swivel feet out to left side, return to center

&8 Hop to the right twice with both feet

MODIFIED MAMBO COMBO, COASTER STEP, ½ SHUFFLE

1&2 Rock left foot to left side, recover onto right, step left next to right

&3&4 Rock right to right side, recover on to left foot, step right next to left, stomp left slightly forward

Step right back, step left next to right, step right foot forward

7&8 Make a ½ turn over left shoulder stepping forward on left, close right next to left, step left

forward

REPEAT