

The Buffett Slide

拍數: 0 牆數: 1 級數: Intermediate
編舞者: Debbie Scrimsher (USA)
音樂: It's Five O'Clock Somewhere - Alan Jackson & Jimmy Buffett



Sequence: ABCDEFG

PART A

VINE RIGHT, BRUSH, ½ TURN RIGHT, SIDE TRIPLE, BACK ROCK

1-2-3 Vine to right (right, left, right)
4 Brush left foot through as you turn ½ to right
5&6 Triple to left (left, right, left)
7-8 Rock step back onto right, replace weight onto left
9-16 Repeat steps 1-8

STEP TOUCHES, STEP SLIDES

17-20 Step to right, touch left to center, step to left, touch right
21-24 Step to right, step left next to right, step to right, touch left to center
25-28 Step to left, touch right to center, step to right, touch left to center
29-32 Step to left, step right next to left, step to left, touch right to center

CHARLESTON STEPS, CROSS UNWIND

33-34 Step forward on right, kick left forward
35-36 Step back on left, touch right foot back
37-38 Step forward on right, kick left forward
39-40 Cross left over right, unwind ½ turn right
41-48 Repeat steps 33-40

ROCK STEPS FORWARD & BACK, TWO ½ TURN PIVOTS, STOMP, HIP BUMPS, HEAD FLICK

49-52 Rock forward on right, replace weight onto left, rock back on right, replace weight onto left
53-54 Step ball of right forward, pivot ½ turn to left
55-56 Step ball of right forward, pivot ½ turn to left
57 Stomp right foot slightly forward
&58 Bump hips right, bump hips left
&59 Bump hips right, bump hips left
60 Flick head back & slightly to right

PART B

VINE RIGHT, BRUSH, ½ TURN RIGHT, SIDE TRIPLE, BACK ROCK

1-2-3 Vine to right (right, left, right)
4 Brush left foot through as you turn ½ to right
5&6 Triple to left (left, right, left)
7-8 Rock step back onto right, replace weight onto left
9-16 Repeat steps 1-8

STEP TOUCHES, STEP SLIDES, LONG SLIDE, HOLD

17-20 Step to right, touch left to center, step to left, touch right
21-24 Step to right, step left next to right, step to right, touch left to center
25-28 Step to left, touch right to center, step to right, touch left to center
29-32 Step long step to left, slowly slide right up to left (no weight change)

CHARLESTON STEPS, CROSS UNWIND

- 33-34 Step forward on right, kick left forward
- 35-36 Step back on left, touch right foot back
- 37-38 Step forward on right, kick left forward
- 39-40 Cross left over right, unwind ½ turn right
- 41-48 Repeat steps 33-40

ROCK STEPS FORWARD & BACK

- 49-52 Rock forward on right, replace weight onto left, rock back on right, replace weight onto left

PART C

- 1-60 Repeat Part A

PART D

- 1-56 Dance first 56 counts of Part A

RUMBA STEPS

- 57-58 Step forward on right, hold
- 59-60 Step to left, slide step right next to left
- 61-62 Step back on left, hold
- 63-64 Step to right, slide step left next to right

PART E

BUFFETT TAG

- 1-24 Dance first 24 counts of Part A
- 25-32 Step long step to left, very slowly slide right next to left using all 8 counts
- 33-36 Bump hips right, left, right, left

PART F

- 1-32 Dance first 32 counts of Part B

PART G

- 1-32 Dance first 32 counts of Part A
 - 33-36 Stomp right foot forward, hold for 3 counts
- Finish dance by dancing all 64 counts of Part D until end of song**
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