

Buffalo Wings

拍數: 48 牆數: 4 級數:
編舞者: Gail Smith (USA)
音樂: Heartland - George Strait



HEEL, ¼ TURN, STOMP, CLAP

1-2 Step left heel forward; pivot ¼ turn right ending with weight on left foot
3-4 Stomp right foot together; hold and clap
5-8 Repeat steps 1-4

ROCK FORWARD, BACK, FORWARD, ½ TURN, ROCK FORWARD, BACK, FORWARD, ¼ TURN

9-10 Rock forward on left; rock back on right
11 Rock forward on left
12 Pivot ½ turn left on ball of left foot and brush right foot forward
13-14 Rock forward on right; rock back on left
15 Rock forward on right
16 Pivot ¼ turn right on hall of right foot and brush left foot forward

STEP & SHIMMY (2 TIMES), SYNCOPATED STOMPS

17-18 Step left foot forward; shift weight over left foot and shimmy shoulders
19-20 Step right foot forward; shift weight over right foot and shimmy shoulders
21-22 Step left foot forward; stomp right foot together
&23-24 Stomp left foot in place; stomp right foot in place; stomp left foot in place

KICK FORWARD & BACK, ½ TURN, STEP, STEP, STOMP TWICE & HOLD

25 Kick right foot forward
26 Kick right foot back (knee bend, leg is parallel to floor)
27 With right leg still in air
28 Pivot ½ turn right on the ball of left foot; step right foot forward
29-30 Step left foot together; stomp right foot in place
31-32 Stomp right foot in place; hold

OUT-OUT, HOLD, IN-IN, JUMP, HEEL, BALL, CHANGE, ¼ TURN

&33-34 Step right foot to right; step left foot left; hold and clap
&35-36 Step right foot to center; step left foot together; jump together
37-38 Touch right heel forward; step ball of right beside left
39 Shift weight to left foot
40 Pivot ¼ turn left on ball of left foot and brush right foot forward

JAZZ SQUARE KICK, STEP, TURN & BRUSH

41-42 Cross right foot over left; step left foot back
43-44 Step right foot to right; stomp left foot together
45-46 Kick left foot forward; step left foot forward foot
47-48 Pivot ¼ turn right; brush left foot forward

REPEAT