Buffalo Bill

拍數: 32

級數: Intermediate

編舞者: Eddie Harper (USA)

音樂: Hot Hot Hot - Buster Poindexter & His Banshees of Blue



STEP, DRAG, ROCK-ROCK-ROCK:

- 1 Long step to left side with left foot (left toe pointed forward-left, body facing forward)
- 2 Slide right foot next to left foot (third position.) Lifting left heel and moving hips to right side
- 3 Drop left heel and shift weight and hips to left, raise right heel.
- & Drop right heel and shift weight and hips to right, raising left heel
- 4 Drop left heel and shift weight and hips to left, raise right heel.

STEP, DRAG, ROCK-ROCK-ROCK:

- 5 Long step to right side with right foot (left toe pointed forward-left, body facing forward)
- 6 Slide left foot next to right foot (third position.) Lifting right heel and moving hips to left side
- 7 Drop right heel and shift weight and hips to right, raise left heel.
- & Drop left heel and shift weight and hips to left, raising right heel
- 8 Drop right heel and shift weight and hips to right, raise left heel.

DIAGONAL FACING LEFT SHUFFLE, DIAGONAL FACING RIGHT SHUFFLE:

- 9 Step forward with left foot, body and toe facing forward-right
- & Place right foot next to left instep
- 10 Step forward with left foot
- & Pivot ¼ turn left on ball of left foot
- 11 Step forward with right foot, body and toe facing forward-left
- & Place left foot next to right instep
- 12 Step forward with right foot

NOTE: Hands follow feet on a Locomotion (circular) pattern

CROSS, STOMP, SWIVEL, TURN:

- & Lift left knee across right leg
- 13 Step across in front of right leg with ball of left foot, toe pointed forward-left
- 14 Uncross right foot and stomp (down) next to left foot
- 15 Swivel both heel to right side
- & Swivel both heel to left side
- 16 Swivel/pivot ¹/₂ turn left on ball of both feet. Weight ends on right foot, left heel raised

DIAGONAL FACING LEFT SHUFFLE, DIAGONAL FACING RIGHT SHUFFLE:

- 17 Step forward with left foot, body and toe facing forward-right
- & Place right foot next to left instep
- 18 Step forward with left foot
- & Pivot ¼ turn left on ball of left foot
- 19 Step forward with right foot, body and toe facing forward-left
- & Place left foot next to right instep
- 20 Step forward with right foot

NOTE: Hands follow feet on a Locomotion (circular) pattern

CROSS, STOMP, SWIVEL, TURN:

- & Lift left knee across right leg
- 21 Step across in front of right leg with ball of left foot, toe pointed forward-left





牆數:4

- 22 Uncross right foot and stomp (down) next to left foot
- 23 Swivel both heel to right side
- & Swivel both heel to left side
- 24 Swivel/pivot ¹/₂ turn left on ball of both feet. Weight ends on right foot, left heel raised

LEFT SHUFFLE, BRUSH, HEEL DROP, STEP BACK:

- 25 Step forward with left foot
- & Place right foot at left instep
- 26 Step forward with left foot
- 27 Brush right foot forward and lift left heel
- & Drop left heel
- 28 Step back with right foot 2 to 4 inches from left instep (open third position) right toe pointed forward-right

PIGEON TOES, BRUSH, PIVOT, STEP:

- & Swivel heel apart
- 29 Swivel heels to third position
- & Swivel heels apart
- 30 Swivel heels to third position, weight on left foot, right heel raised
- 31 Brush ¼ turn left with right heel, raise left heel
- & Drop left heel
- 32 Place right instep at left heel (third position)

REPEAT