Buckaroo



拍數: 64 編數: 4 級數: Intermediate/Advanced

編舞者: Mare Dodd (USA)

音樂: Buckaroo - Lee Ann Womack



"DO THE MONKEY"-USING ARM MOVEMENTS (LIKE SOME OF US DID IN THE 60'S)

1-3 Bending knees, step right to right side & do "the monkey" (make fist with hands, bend arms at

elbows: right fist goes up, left fist down, then switch, & switch)

4 Touch left beside right (holding right fist up & left fist down)

5-7 Bending knees, step left to left side & do "the monkey" (left fist goes up & right fist down,

switch, & switch)

8 Touch right beside left (holding left fist up & right fist down)

"DO THE SWIM" ("PONIES")

1&2 Triple ("pony") in place right-left-right (extend right hand forward-palm down & wiggle head)

3&4 "Pony" left-right-left (extend left hand forward-palm down & wiggle head)

5&6 Repeat 1&2 7&8 Repeat 3&4

STEP, BEHIND, "PONY"; STEP, BEHIND, "PONY"

1-2 Step right to right side, step left behind right

3&4 "Pony" in place right-left-right

5-6 Step left to left side, step right behind left

7&8 "Pony" in place left-right-left

KNEE POPS WITH HOLDS; ALTERNATING KNEE POPS

&1-2 Quickly step on right; pop left knee forward; hold & snap fingers &3-4 Quickly step on left; pop right knee forward; hold & snap fingers

&5&6 Quickly step on right; pop left knee forward; quickly step on left; pop right knee forward

&7&8 Repeat counts &5&6

RIGHT SIDE SHUFFLE; FULL TURN RIGHT; LEFT SIDE SHUFFLE; ROCK-STEP

1&2 Shuffle to right side-right-left-right

3-4 Step left over right as you begin full turn right; step on right as you complete full turn right

5&6 Shuffle to left side-left-right-left

7-8 Rock back on right, recover forward on left

SCUFF-HITCH-STEP 4 TIMES MOVING FORWARD

Scuff right forward; hop on left while hitching right knee; step on right Scuff left forward; hop on right while hitching left knee; step on left

5&6 Repeat 1&2 7&8 Repeat 3&4

SCOOTS/SKIPS BACKWARDS

&1 Scoot/skip back on left while hitching right knee; step down on right
&2 Scoot/skip back on right while hitching left knee; step down on left

&3 Repeat counts &1 &4 Repeat counts &2

JUMP BOTH FEET OUT; CROSS LEFT OVER RIGHT; UNWIND ½ RIGHT; CLAP

5-6 Jump both feet apart; cross left over right

7-8 Unwind ½ right; clap

RIGHT & LEFT SAILOR SHUFFLES; STEP-PIVOT 1/4 LEFT; STOMPS RIGHT & LEFT

1&2 Right sailor shuffle3&4 Left sailor shuffle

5-6 Step forward on right; pivot ¼ left

7-8 Stomp right; stomp left

RIGHT MONTEREY TURNS

1-2 Touch right to right side; on ball of left, pivot ½ right bringing right beside left

3-4 Touch left to left side; step left beside right

5-8 Repeat counts 1-4

"MASHED POTATOES"

Swivel both toes in; swivel both toes out as you step back on right Swivel both toes in; swivel both toes out as you step back on left

Swivel both toes in; swivel both toes out as you step back on right; swivel both toes in; swivel

both toes out (don't step back) (weight on right)

Swivel both toes in; swivel both toes out as you step back on left Swivel both toes in; swivel both toes out as you step back on right

&7&8 Swivel both toes in; swivel both toes out asyou step back on left; swivel both toes in; swivel

both toes out

REPEAT