

Bubblin Up

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Mark Furnell (UK)
音樂: Bubblin' - Blue



KICK BACK CROSS, TAP TAP STEP

1&2 Kick right foot forward, step down on right foot and cross left over right
3&4 Tap right toe to side, tap right toe to side and step onto right foot

SHOULDER POPS, LUNGE KICK STEP AND KICK

5-6 Lean left popping left shoulder out, lean right popping right shoulder out
&7&8 Lunge side on right foot, kick right foot out to side, step side on left, bring right to left, step side on left and kick right out to right side

Try to use you shoulders on counts &7&8 and add some attitude

BEHIND AND CROSS, BOUNCE, BOUNCE ½ TURN, KICK

9&10 Step right behind left, step side on left foot, cross right over left
11&12 Bounce heels making ½ turn to left, weight ending on right and kick left foot forward

COASTER HEEL AND SWITCH AND SWITCH

13&14 Step back on left foot, bring right to left and touch left heel forward
&15&16 Bring left back to right and touch right heel forward, bring right back to left and touch left heel forward. (when doing heel switches travel forward)

STEP ¼ SLIDE TOUCH, ¼ TURN BUMP HIPS

&17-18 Step left next to right, step forward on right making ¼ turn left and touch left to right
19&20 Step side on left making ¼ turn left and bump hips left, right, left

STEP ¼ SLIDE TOUCH, ¼ TURN BUMP HIPS

21&22 Step forward on right making ¼ turn left and touch left to right
23&24 Step side on left making ¼ turn left and bump hips left, right, left

2 VAUDEVILLE STEPS

25&26 Cross right over left, step back on left and touch right heel forward.
27&28 Cross left over right. Step back on right and touch left heel forward

CROSS UNWIND ¾ TURN, SWEEP, SAILOR STEP

&29-30 Bring left to right and cross right over left, unwind ¾ turn left and sweep left foot round
31&32 Cross left behind right, step side on right, step left together

REPEAT

RESTART

On wall 2 dance to count 16 and start whole dance again
On wall 4 dance up to count 8 and start whole dance again
On wall 6 dance up to count 16 and start whole dance again
On wall 8 dance up to count 8 and start whole dance again
On wall 10 dance up to count 8 and start whole dance again