

Broken Hearted Rock N Roll

COPPERKNOB
STEPPERS

拍數: 64 牆數: 4 級數: Intermediate two step
編舞者: Vikki Morris (UK) & Karl Cregeen (UK)
音樂: Nothin' for a Broken Heart - Vince Gill



SWEEP ½ TURN RIGHT JAZZ BOX, LEFT LOCK STEP

- 1-2 Sweep cross right foot over left stepping onto right, turn ¼ turn right as you step back with left foot
3-4 Turn ¼ turn right as you step forward with right, hold for one beat (6:00)
5-6 Step forward on your left foot, lock right foot behind left
7-8 Step forward on your left, hold for one beat

SWEEP ½ TURN RIGHT JAZZ BOX, LEFT LOCK STEP

- 9-10 Sweep cross right foot over left stepping onto right, turn ¼ turn right as you step back with left foot
11-12 Turn ¼ turn right as you step forward with right, hold for one beat (12:00)
13-14 Step forward on your left foot, lock right foot behind left
15-16 Step forward on your left, hold for one beat

ROCKING CHAIR, RIGHT STRUT, LEFT STRUT

- 17-18 Rock forward onto your right foot, recover weight onto left
19-20 Rock back onto right, recover weight onto left
21-22 Touch right toe forward, drop right heel to floor taking weight
23-24 Touch left toe forward, drop left heel to floor taking weight

Restart here wall 4

ROCKING CHAIR WITH SYNCOPATED KICK

- 25-26 Rock forward onto your right foot, recover weight onto left
27-28 Rock back onto right, recover weight onto left
29-30 Rock forward onto right as you flick left foot slightly back, rock back onto left
31-32 Step back onto right as you kick left forward, step forward onto left

Easier Option:

- 29-32 Repeat 25-28

STEP PIVOT ¼ LEFT, CROSS HOLD, ½ TURN RIGHT CROSS HOLD

- 33-34 Step forward onto right, pivot ¼ turn left placing weight on left foot (9:00)
35-36 Cross right foot over left, hold for one beat
37-38 Turn ¼ turn right as you step back with left foot, turn ¼ turn right as you step out with right
39-40 Cross left foot over right, hold for one beat (3:00)

RIGHT SCISSOR STEP, CLAP(OR HOLD), LEFT SCISSOR STEP, CLAP(OR HOLD)

- 41-42 Step right to right side, step left next to right
43-44 Cross right foot over left, clap hands or hold for one beat
45-46 Step left to left side, step right next to left
47-48 Cross left foot over right, clap hands or hold for one beat

DWIGHT YOAKAM STEPS RIGHT, HOLD, 'DWIGHT YOAKAM' STEPS LEFT, HOLD

- 49-50 Touch right toe to left instep while swiveling left heel to right, touch right heel to left instep while swiveling left toe to right
51-52 Stomp right foot to right side, hold for one beat
53-54 Touch left toe to right instep while swiveling right heel to left, touch left heel to right instep while swiveling right toe to left

55-56 Stomp left foot to left side, hold for one beat

Easier Option:

49-50 Touch right toe to left instep, touch right heel to left instep

51-52 Stomp right to right side, hold for one beat

53-56 Repeat on left

ROCK BACK STEP FORWARD HOLD, STEP PIVOT ½ TURN RIGHT, STEP FORWARD,HOLD

57-58 Rock back with right, recover weight onto left

59-60 Step forward with right, hold for one beat

61-62 Step forward with left, pivot ½ turn right placing weight onto right (9:00)

63-64 Step forward on to left, hold for one beat

REPEAT

TAG

At the end of wall one

REVERSE RUMBA BOX

1-2 Step right to right side, step left next to right

3-4 Step back with right foot, hold for one beat

5-6 Step left to left side, step right next to left

7-8 Step forward with left, hold for one beat

RESTART

On wall 4, dance counts 1-24 (left toe strut), then restart dance

If using the alternative track a restart or tag is not required
