

Broken Hearted Lovers

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Geri Morrison (UK)
音樂: Break My Stride - Bluelagoon



WALK LEFT, RIGHT, ROCK FORWARD AND SIDE AND TWICE

1-2 Walk forward left, then right
3& Rock forward on left, recover weight on right
4& Rock left to left side, recover weight on right
5-6 Walk forward left, then right
7& Rock forward on left, recover weight on right
8& Rock left to left side, recover weight on right

SHUFFLE BACK, SHUFFLE ½ TURN, BUMP HIPS LEFT THEN RIGHT, BUMP HIPS LEFT, RIGHT, LEFT

1&2 Shuffle back left, right, left
3&4 Make ½ turn right shuffling forward right, left, right
5-6 Bump hips left, right
7&8 Bump hips left, right, left, (6:00)

SIDE BEHIND, SIDE AND BEHIND SIDE, SIDE BEHIND, SIDE AND BEHIND SIDE

1-2 Step right to right side, cross left behind right
3&4 Step right to right, cross left behind right, step right to right
5-6 Step left to left side, cross right behind left
7&8 Step left to left, cross right behind left, step left to left

CROSS RIGHT, ¾ TURN LEFT HITCHING LEFT, LOCK STEP FORWARD, FULL TURN FORWARD, MAMBO STEP

1-2 Cross right over left unwind ¾ turn left, hitch left in front of right
3&4 Lock step forward left, right, left
5-6 Make a left full turn traveling forward stepping right, then left, (9:00)
7&8 (Right mambo) rock forward on right, recover weight on left step right next to left

CROSS ROCK, SIDE ROCK, BEHIND SIDE IN FRONT, SIDE ROCK, TRIPLE FULL TURN LEFT

1& Cross left over right, recover weight on right
2& Side rock left to left side, recover weight on right
3&4 Cross left behind right, step right to right side, cross left over right
5-6 Step right to right side, recover weight on left
7&8 Triple full turn left stepping right, left, right, (on the spot) (9:00)

SIDE TOGETHER, SIDE TOGETHER BACK, ROCK BACK, STEP BALL STEP ½ TURN RIGHT

1-2 Step left to left side, bring right beside left
3&4 Step left to left side, bring right beside left, step back on left
5-6 Rock back on right, recover weight on left
7&8 Step forward on right, make ½ turn right on ball of left, step forward on right

Restart here facing 3:00

PIVOT ½ TURN RIGHT, KICK BALL CROSS, STEP BACK, STEP SIDE, CROSS STEP SIDE

1-2 Step forward on left, pivot ½ turn right, (weight on right)
3&4 Kick left forward, step left beside right, cross right over left
5-6 Step back on left, step right to right side
7&8 Cross left over right, step back on right, step left to left side

PIVOT ½ TURN LEFT, KICK BALL CROSS, STEP BACK, STEP SIDE, CROSS STEP SIDE

- 1-2 Step forward on right, pivot ½ turn left
- 3&4 Kick right forward, step right beside left, cross left over right
- 5-6 Step back on right, step left to left side
- 7&8 Cross right over left, step back left, step right to right side

REPEAT

RESTART

There is 1 restart on first wall facing 3:00, do 48 counts then start from beginning
