

Broken Hearted

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Gary Parker (AUS) & Cheryl Parker (AUS)
音樂: Broken Hearted - Gina Jeffreys



DOROTHY TWICE, 2 X ½ PIVOTS

1-2& Step forward right, lock left behind, jump onto right (Dorothy steps)
3-4& Step forward left, lock right behind, step forward on left
5-6 Step forward on right, stepping ½ pivot left step on left
7-8 Step forward on right, stepping ½ pivot left step on left

ROCK, ROCK, COASTER, 2 X ¼ PIVOTS

1-2 Rock forward on right, rock back on left
3&4 Step back on right, step left together, step forward on right (coaster step)
5-6 Step forward on left, ¼ pivot right step onto right
7-8 Step forward on left, ¼ pivot right step onto right

SAMBAS TWICE, ROCK, ROCK AND CROSS

1&2 Step left across right, step right to right side, step left together
3&4 Cross right across left, step left to left side, step right together (sambas)
5-6 Rock forward on left, step back on right
7&8 Step back on left, step right together and cross left over right

ROCK, ROCK BACK AND CROSS, ROCK, ROCK, CROSS SHUFFLE

1-2 Rock forward on right, step back left
3&4 Step back on right, step left together and cross right over left
5-6 Rock left to left side, rock right to right side
7&8 Cross left across right, step right to right side, cross left across right (cross shuffle)

¼ ROCK, SAILORS TWICE, ¼ STEP, STEP

1-2 Turning ¼ to right step forward right, rock back on left
3&4 Step right behind left, step left to left step, right together (sailors traveling backwards)
5&6 Step left behind right, step right to right, step left together (sailors traveling backwards)
7-8 Turning ¼ to right step back on right, step back on left

COASTER, TURNING SHUFFLE, SHUFFLE, ¼ PIVOT

1&2 Step back on right, step left together, step forward on right (coaster)
3&4-5&6 Shuffle forward left-right-left turning full turn right shuffle forward right-left-right
7-8 Step forward left, ¼ pivot right step on right

CROSS, SIDE, BEHIND, HEEL JACKS TWICE

1-2 Step left across right, step right to right side
3&4 Step left behind right, step right together, step left heel at 45 degrees
&5-6 Step left together, cross right across left, step left side
7&8 Step right behind left, step left together, step right heel at 45 degrees

ROCK, ROCK, SIDE SHUFFLE, ROCK, ROCK, HIP BUMPS

&1-2 Step right back, rock left over right, rock back on right
3&4 Side shuffle left-right-left
5-6 Rock right over left, rock back on left
7-8 Step right to right moving hips right-left

REPEAT
