

The Brittney Strut

拍數: 48 牆數: 4 級數: Improver
編舞者: Shirley K. Batson (USA)
音樂: One Dance with You - Vince Gill



TOE-HEEL STRUTS FORWARD

- 1-2 Touch right toe forward, lower right heel to floor
- 3-4 Touch left toe forward, lower left heel to floor
- 5-8 Repeat 1-4

KICK BALL CHANGE, PIVOT TURN

- 1& Kick right foot forward, step right ball of foot beside left
- 2 Step left foot beside right
- 3&4 Repeat 1&2
- 5-6 Step right foot forward, pivot on right ball of foot ½ turn
- 7-8 Stomp right foot, stomp left foot

SWIVEL LEFT AND RIGHT WITH CLAP

- 1-2 Swivel heels to left, swivel toes to front
- 3-4 Swivel heels to left, swivel toes to front with clap
- 5-8 Repeat 1-4 to right

SAILOR SHUFFLES RIGHT AND LEFT, STEP TURN ¼

- 1& Step right foot cross behind left, step left foot slightly out to left
- 2 Step right foot beside left
- 3& Step left foot cross behind right, step right ball of foot slightly out to right
- 4 Step left foot beside right
- 5-6 Step right foot forward, turn 1/8 on ball of right foot
- 7-8 Step right foot forward, turn 1/8 on ball of right foot to complete ¼ turn to face 9:00 wall

DIAGONAL STEPS FORWARD

- 1-2 Step right foot diagonally forward, slide left foot next to right
- 3-4 Step right foot next to left, hold
- 5-6 Step left foot diagonally forward, slide left foot next to right
- 7-8 Step left foot next to right, hold

STEP TOUCH MOVING BACK WITH CLAP

- 1-2 Step back with right, touch left beside right, clap
- 3-4 Step back with left, touch right beside left, clap
- 5-8 Repeat 1-4

REPEAT
