

# Bring It On

拍數: 32      牆數: 4      級數: Improver  
編舞者: Dyka Holland (UK) & Yvonne Holland  
音樂: Bring It On - The Deans



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- 1-2            Right foot step & rock forward, rock back onto left  
3&4           Make ¼ turn right into right shuffle (right-left-right) to right  
5-6           Left foot cross over front of right, right foot step right  
7-8           Left foot cross behind right, right foot step right
- 9-10           Left foot cross & rock over front of right, rock back onto left  
11&12        Left shuffle (left-right-left) to left  
13-14        Right foot cross over front of left, left foot step left  
15-16        Right foot cross behind left, left foot step into ¼ turn left
- 17&18        Right shuffle (right-left-right) forward  
19-20        Left foot step forward, make ¾ turn right
- 21&22        Left shuffle (left-right-left) to left  
23&24        Right foot step & rock back, rock forward onto left
- 25-26        Right heel forward, right foot step slightly back & extend left heel  
27&28        Left foot step slightly back & move forward into right shuffle(right-left-right) forward
- You will move forward on these four counts**  
29-32        Repeat 25-28 leading with left foot

**REPEAT**

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