

# Bring It On

拍數: 32      牆數: 4      級數:  
編舞者: Suzanne Punder  
音樂: Do You Love Me? - Brian Poole & The Tremeloes



## KNEE LIFT, KNEE LIFT

1-2      Lift right knee up and angle it toward left wall, right foot step forward  
3-4      Lift left knee up and angle it toward right wall, left foot step forward

## KICK BALL CHANGES

5&6      Kick right foot forward, replace beside left, left foot step in place  
7&8      Kick right foot forward, replace beside left, left foot step in place

## KNEE LIFT, KNEE LIFT

9-10      Lift right knee up and angle it toward left wall, right foot step forward  
11-12      Lift left knee up and angle it toward right wall, left foot step forward

## KICK BALL CHANGES

13&14      Kick right foot forward, replace beside left, left foot step in place  
15&16      Kick right foot forward, replace beside left, left foot step in place

## GRAPEVINE, QUARTER TURN STOMP

17-20      Right foot step diagonally forward, left foot cross behind right, right foot step to right side turning  $\frac{1}{4}$  right, left foot stomp beside right

## CROSS UNWIND, CROSS UNWIND

21-22      Right foot cross behind left, unwind  $\frac{1}{2}$  turn right keeping weight on right foot  
23-24      Left foot cross in front of right, unwind  $\frac{1}{2}$  turn right, weight ends on left foot

## TOE-HEEL STRUTS

25-26      Right foot step back on ball of foot, right heel snap down  
27-28      Left foot step back on ball of foot, left heel snap down  
29-30      Right foot step back on ball of foot, right heel snap down  
31-32      Left foot step back on ball of foot, left heel snap down

## ROCK FORWARD, ROCK BACK

33-34      Right foot rock forward, replace weight back onto left foot  
35-36      Right foot rock back, replace weight forward onto left foot

## STEP $\frac{1}{4}$ PIVOT, STEP $\frac{1}{4}$ PIVOT

37-38      Right foot step forward, pivot  $\frac{1}{4}$  turn left  
39-40      Right foot step forward, pivot  $\frac{1}{4}$  turn left

## ROCK FORWARD, ROCK BACK

41-42      Right foot rock forward, replace weight back onto left foot  
43-44      Right foot rock back, replace weight forward onto left foot

## BREAK, HIP ROLLS

45-46      Right foot stomp out to right side, feet shoulder width apart, hold this position with arms/hands extended slightly  
47-48      Roll hips to the left to make a half moon shape

**STEP SIDE, SNAP FINGERS, STEP IN FRONT, SNAP FINGERS**

49-50 Right foot step to right side, snap fingers

51-52 Left foot step in front of right, snap fingers

**MONTEREY TURN**

53 Right toe point out to right side

54 Turn  $\frac{1}{2}$  right on ball of left foot, closing right foot beside left

55 Left toe point out to left side

56 Left foot close beside right

**STEP SIDE, SNAP FINGERS, STEP IN FRONT, SNAP FINGERS**

57-58 Right foot step to right side, snap fingers

59-60 Left foot step in front of right, snap fingers

**MONTEREY TURN**

61 Right toe point out to right side

62 Turn  $\frac{1}{2}$  right on ball of left foot, closing right foot beside left

63 Left toe point out to left side

64 Left foot close beside right

**REPEAT**

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