

Bring It Back

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Pam Dailey (USA)
音樂: Bring It Back - James JD Wilkerson



WALK, WALK, KICK, KICK, HALF TURN, KICK BALL STEP

1-2 Step forward on left foot, then step forward on right
3-4 Double kick left foot
5-6 Hook left toe behind right & pivot ½ turn to left on right toe & place weight on left
7&8 Kick right foot forward, step on right toe, step forward on left

KICK BALL STEP, SLIDE HALF TURN, HIP BUMPS, HALF TURN, HALF TURN

1&2 Kick right foot forward, step on right toe, step forward on left
3-4 Slide right up to left turn ½ turn to left on left
5-6 Bump right hip twice
7-8 Pivot on left step out on right toe making ½ turn to left, still pivoting on left step out on right making another ½ turn to left.(for styling bump your right hip on each turn)

"CRAZY KNEES" RIGHT, LEFT, RIGHT, LEFT

1&2 Place right toe forward with bent knee wiggle knee out & back to center stepping down on right. (use a little hip action for styling with this set of eights)
3&4 Place left toe forward with bent knee wiggle knee out & back to center stepping down on left
5&6 Repeat 1&2
7&8 Repeat 3&4

KICK BALL CHANGE, QUARTER TURN, CROSS STEP STEP, CROSS STEP STEP

1&2 Kick right forward, step on right, step on left
3&4 Step forward on right, turn left a ¼ turn placing weight on left
5&6 Cross right foot over left (turn body to slightly to left), step on left, step right back beside left
7&8 Cross left over right (turn body to slightly to right), step right foot, step left back beside right

KICK AND TOUCH, KICK AND TOUCH, KICK AND TOUCH, TOUCH TOUCH

1&2 Kick right forward, step on right, touch left to side (moving forward)
3&4 Kick left forward, step on left, touch right to side (moving forward)
5&6 Kick right forward, step on right, touch left to side
7-8 Touch left next to right, touch left back out to side of right foot

REPEAT
