

Bring Down The House

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
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音樂: Bringin' Da Noise - *NSYNC



SYNCOPATED SIDE JUMPS WITH SNAPS, SHUFFLE FORWARD

&1 Jump to right side & touch left toe together
2 Hold for 1 count while snapping fingers up
&3 Jump to left side & touch right toe together
4 Hold for 1 count while snapping fingers up
5 Right step forward
& Left step together
6 Right step forward
7 Left step forward
& Right step together
8 Left step forward

KICK-BALL CHANGE, FORWARD ROCK-RECOVER, TRIPLE ¾ TURN (RIGHT), SIDE SHUFFLE (RIGHT)

9 Kick right forward
& Land on (ball of) right foot while slightly lifting left foot off floor
10 Lower left foot back to floor
11 Step (rock) right forward while slightly lifting left foot off floor
12 Lower left foot back to floor (recover)
13&14 Triple ¾ turn left stepping (right-left-right)
15 Step left to side
& Step right together
16 Step left to side

(RIGHT) SAILOR STEP, (LEFT) TURNING SAILOR STEP, JUMPING JACKS (OUT, IN, OUT, IN), ½ TURN (LEFT), JUMPING JACKS (IN, OUT, IN, OUT)

17 Cross step right behind left foot
& Step left slightly to side
18 Step right slightly to side
19 Turning ¼ turn left, cross step left behind right foot
& Step right slightly to side
20 Step left together
& Jump feet (shoulder length) apart
21 Jump feet together
& Jump feet (shoulder length) apart
22 Jump feet together
& Jump turning ½ turn left, landing feet (shoulder length) apart
23 Jump feet together
& Jump feet (shoulder length) apart
24 Jump feet together

PADDLE TURNS (OR CHUGS) ½ TURN (LEFT), KICK & CROSS, SIDE SHUFFLE, CROSS & CROSS

25 Hitch right knee making ¼ turn left & touch to right side
26 Hitch right knee making ¼ turn left & touch to right side
27 Kick right forward
& Step right slightly backward
28 Cross step left in front of right foot

29 Step right to side
& Step left together
30 Step right to side
31 Cross step left in front of right foot
& Step right to side
32 Cross step left in front of right foot

REPEAT

Easier option for counts 21-24

21 Step right foot forward
22 Pivot on (balls of) feet, ½ turn left
&23 Hop forward (right then left) snapping fingers in the air
&24 Hop backward (right then left) snapping fingers in the air (keep weight on left foot)
