

Bridges

拍數: 32 牆數: 4 級數: Improver social cha
編舞者: Glenda Ortiz Harney (USA)
音樂: Building Bridges - Brooks & Dunn



LEFT FORWARD ROCK-COASTER-RIGHT FORWARD ROCK-½ TRIPLE RIGHT

1-2 Rock forward left-recover back onto right
3&4 Step back left-step right beside left-step forward left (coaster)
5-6 Rock forward right-recover back onto left
7&8 Turning ½ to the right triple right-left-right (6:00)

2nd restart here

FORWARD ROCK-SIDE ROCK & SIDE ¼ TURN-TRIPLE RIGHT

1-2 Rock forward left-recover onto right
3-4 Rock left to left side-recover onto right
&5-6 Step on left & step right to right side-step left turning ¼ to left
7&8 Triple right-left-right (3:00)

1st restart here

STEP-QUARTER-CROSS-HOLD & CROSS-SIDE-¼ TRIPLE

1-2 Step left forward-pivot ¼ turn to right (6:00)
3-4 Cross left over right-hold
&5-6 Step right to right side-cross left over right-step right to right side
7&8 Turning ¼ to left triple left-right-left (3:00)

RIGHT FORWARD ROCK-SIDE ROCK-BEHIND & CROSS-LEFT SIDE ROCK

1-2 Rock forward right-recover onto left
3-4 Rock right to right side-recover onto left
5&6 Step right behind left-step left to left side-step right over left
7-8 Rock left to left side-recover onto right

REPEAT

RESTART

When dancing to "Building Bridges" by Brooks & Dunn, restart after count 16 of wall 3

When dancing to "Building Bridges" by Brooks & Dunn, restart after count 8 of wall 4
