

# Bridges

拍數: 32      牆數: 4      級數: Intermediate social cha  
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音樂: Building Bridges - Brooks & Dunn



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## ROCK, RECOVER, SHUFFLE BACKWARDS, ROCK, RECOVER, ¼ TURN SHUFFLE

1-2      Rock forward on right foot, recover weight back to left foot  
3&4      Right shuffle backwards, stepping right, left, right  
5-6      Rock back on left foot, recover weight forward to right foot  
7&8      Left shuffle forward, stepping left, right, left, with ¼ turn to the right (weight ends on the left foot)

## STEP, STEP, PIVOT ½, HOLD, RIGHT SAILOR, LEFT SAILOR

1-2      Step behind left foot with right foot, step left foot to left side  
3-4      Pivot ½ turn to the left, hold while pointing right toe to the right side  
5&6      Right sailor step with ¼ turn to the left  
7&8      Left sailor step with ¼ turn to the left (weight ends on the left foot)

## STEP, PIVOT, TURNING SHUFFLE, STEP, STEP, SHUFFLE

1-2      Step forward on right foot, pivot ½ turn to the left (weight on left foot)  
3&4      Turn ½ left while shuffling, stepping right, left, right  
5-6      Step back on left foot, step back on right foot  
7&8      Left shuffle forward, stepping left, right, left

## ROCK, RECOVER, ¼ PIVOT SHUFFLE, ½ PIVOT, ½ PIVOT, COASTER STEP

1-2      Rock forward on right foot, recover weight back to left foot  
3&4      Pivot ¼ turn right, side shuffle stepping right, left, right  
5-6      Turning ½ turn left, step back on left foot, turning ½ turn left, step forward on right foot  
7&8      Left coaster step in place

**REPEAT**

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