

Bridge The Gap

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Intermediate waltz
編舞者: Liam Hrycan (UK)
音樂: This Woman Needs - SHeDAISY



RIGHT TWINKLE, LEFT TWINKLE, ROLLING TURN LEFT (¾-RIGHT), LEFT FORWARD ROCK/RECOVER (¼-RIGHT)/LEFT STEP BEHIND RIGHT

- 1-3 Step right foot over left, step ball of left foot to left side angling body slightly right, step right foot to right side
- 4-6 Step left foot over right, step ball of right foot to right side angling body slightly left, step left foot to left side
- 7 Step right foot over left
- 8 Step left foot to left side a ¼ turn right
- 9 Step right foot back a ½ turn right
- 10-12 Rock left foot forward, recover weight back onto right foot a ¼ turn right, step left foot behind right

RIGHT SIDE ROCK/RECOVER/CROSS, LEFT SIDE ROCK/RECOVER/CROSS, RIGHT BIG SIDE STEP (¼-RIGHT)/LEFT STEP/½ PIVOT RIGHT, LEFT BIG STEP FORWARD/RIGHT FORWARD ROCK/RECOVER

- 13-15 Rock right foot to right side, recover weight onto left foot, cross step right foot over left
- 16-18 Rock left foot to left side, recover weight onto right foot, cross step left foot over right
- For added effect, lunge the upper body out to the side on the side rocks**
- 19-21 Big step right foot to right side a ¼ turn right, step left foot forward, pivot a ½ turn right
- 22-24 Big step left foot forward, rock right foot slightly forward, recover weight back onto left foot

RIGHT BASIC WALTZ STEP BACK, LEFT BASIC WALTZ STEP BACK, RIGHT BACK ROCK/RECOVER/ROLLING TURN FORWARD (½-RIGHT)/WALK BACK (RIGHT, LEFT)

- 25-27 Step right foot slightly back, step left foot to place beside right, step right foot in place
- 28-30 Step left foot slightly back, step right foot to place beside left, step left foot in place
- 31-32 Rock right foot back, recover weight onto left foot
- 33-34 Step right foot forward a ¼ turn right, step left foot to left side a ¼ turn right
- 35-36 Walk back - right, left (stepping left foot slightly behind right)

RIGHT BIG SIDE STEP/LEFT BACK ROCK/RECOVER, LEFT BIG SIDE STEP/RIGHT FORWARD ROCK/RECOVER, RIGHT SIDE STEP (¼-RIGHT)/LEFT STEP/½ PIVOT RIGHT, LEFT STEP FORWARD/RIGHT STEP/¼ PIVOT LEFT

- 37-39 Big step right foot to right side, rock left foot back, recover weight onto right foot
- 40-42 Big step left foot to left side, rock right foot forward, recover weight back onto left foot
- 43-45 Step right foot to right side a ¼ turn right, step left foot forward, pivot a ½ turn right
- 46-48 Step left foot forward, step right foot forward, pivot a ¼ turn left (weight ending on left foot)

REPEAT
