

The Breeze

拍數: 52 牆數: 0 級數:
編舞者: Joanne Hocking (UK)
音樂: Thunder Head - Gary Perkins & The Breeze



1-4 Four walks forward, right, left, right, left

RIGHT HOOK

5-6 Touch right heel forward, hook right foot in front of left leg

7-8 Touch right heel forward then put back in place

9-12 Swivel both heels right, hold. Swivel both heels center, hold

13-16 Four walks back, left, right, left, right

LEFT HOOK

17-18 Touch left heel forward, hook left foot in front of right leg

19-20 Touch left heel forward then put back in place

21-22 Swivel both heels left, hold

23-24 Swivel both heels to center, hold

RIGHT GRAPEVINE ¼ TURN

25-26 Step right foot to right side, cross left foot behind right

27 Step right foot to right side making a ¼ turn right

28 Step left slightly behind right

29-30 Two hip bumps left

31-32 Two hip bumps right

33-36 Four single hip bumps left, right, left, right

ROLLING GRAPEVINE LEFT ¼ TURN

37-38 Step left to left side, step right to left side turning ½ left

39 Cross left behind right turning ½ left

40 Step right next to left turning ¼ to left

41-42 Swivel both heels left, both toes left

43-44 Both heels left, both toes left

45-46 Fan left toes right, swivel left heel right

47-48 Fan left toes right, swivel left heel right

At the same time right foot does the following:

Tap right heel forward, tap right toe to left instep

Tap right heel forward, tap right toe to left instep

GRAPEVINE RIGHT ¼ TURN

49-50 Step right foot to right side, cross left behind right

51-52 Step right foot to right side turning ¼ right, place left beside right

REPEAT