

Breathless Corrs Go On

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 4 級數: Intermediate
編舞者: David J. McDonagh (WLS)
音樂: Breathless - The Corrs



Sequence: AAB, A(counts 1-16), AAB, A(counts 1-8), AAB, B
Start dance (32-Counts) from beginning, at approx. 19 seconds

PART A

RIGHT SIDE CHASSE, HITCH, LEFT SIDE CHASSE, HEEL GRIND, BACK ROCK STEP

1&2 Step right to right side, step left beside right, step right to right side
& On ball of right, turn ¼ left hitching/raising left knee
3&4 Step left to left side, step right beside left, step left to left side
5-6 Step right heel forward pointing right toes left, turn right toes right rocking back onto left
7-8 Rock back onto right, rock weight forward onto left

RIGHT KICK-BALL-CHANGE, STOMP-CLAP, LEFT KICK-BALL-CHANGE, STOMP-CLAP

1&2 Kick right forward, step right beside left, step left beside right
3-4 Stomp right forward, hold & clap!
5&6 Kick left forward, step left beside right, step right beside left
7-8 Stomp left forward, hold & clap!

RIGHT SIDE ROCK, BEHIND-SIDE-CROSS, LEFT SIDE ROCK, BEHIND-SIDE-CROSS

1-2 Rock right to right side, rock weight back onto left
3&4 Cross-step right behind left, step left to left side, cross-step right over left
5-6 Rock left to left side, rock weight back onto right
7&8 Cross-step left behind right, step right to right side, cross-step left over right

FORWARD ROCK STEP, SHUFFLE (½-RIGHT), TOUCH LEFT, KICK, LEFT COASTER STEP

1-2 Rock forward onto right, rock weight back onto left
3&4 While completing ½ turn over right shoulder, triple step: right, left, right
5-6 Touch left beside right, kick left forward
7&8 Step back onto left, step right beside left, step forward onto left

PART B

HIP SWAYS WITH SYNCOPATED STEPS, STEP TURN (½-LEFT), STEP TURN (¼-LEFT)

1-3 Stepping right to right side, sway hips: right, left, right
&4 Step left beside right, step right to right side
5-7 Sway hips, left, right, left
&8 Step right beside left, step left to left side
9-10 Step forward onto right, pivot ½ turn left
11-12 Step forward onto right, pivot ¼ turn left

HIP SWAYS WITH SYNCOPATED STEPS, STEP TURN (½-LEFT), STEP TURN (¼-LEFT)

1-12 Repeat above 12 counts

BIG STEP, SLIDE, LEFT SIDE CHASSE, HOPS BACK TWICE, HEEL JACK

1 Take a big step forward with right to right diagonal (1:00)
2 Slide left beside right (weight on right)
3&4 Step left to left side, step right beside left, step left beside right
5 Hop back onto left, touching right toe back (slightly lean forward for balance)
6 Hop back onto left, touching right toe back (slightly lean forward for balance)

- &7 Jump back onto right, touch left heel forward
&8 Step left back towards center, touch right toe beside left

STEP TURN (½-LEFT), TRIPLE TURN (½-LEFT), BACK SHUFFLE, BACK ROCK

- 1-2 Step forward onto right, pivot ½ turn left
3&4 While completing ½ turn over left shoulder, triple step: right, left, right
5&6 Step back onto left, step right beside left, step back onto left
7-8 Rock back onto right, rock weight forward onto left

TOUCH-KICK, &, TOUCH-KICK, &, STOMP, STOMP, SWIVEL: OUT-IN-OUT

- 1 Touch right toe beside left angling body to left diagonal (11:00)
2 Kick right forward
& Angle body to right diagonal (1:00) stepping towards right diagonal with right
3 Touch left toe beside right angling body to right diagonal (1:00)
4 Kick left forward
& Angle body to center (12:00) stepping forward with left
5-6 Stomp right forward, stomp left back (inline with right foot)
7&8 On balls of both toes, swivel both heels: apart, together, apart
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