

Breathless (P)

拍數: 64 牆數: 0 級數: Partner
編舞者: Jeff Mills (UK) & Thelma Mills (UK)
音樂: Always Wanting More (Breathless) - Lane Turner



Position: Right Side by Side facing LOD, Same Footwork Throughout Unless Stated

BOTH: ¼ STEP PIVOT TURN, MAN: TRIPLE STEP, LADY: ½ TRIPLE TURN, BOTH: CROSS ROCK, TRIPLE STEP

1-2 Step forward onto left, pivot ¼ turn right to face OLOD

3&4 **MAN:** Triple step in place left-right-left

LADY: ½ Triple turn right left-right-left to face ILOD

5-6 Cross rock right over left, recover back onto left

7&8 Triple step in place right-left-right

On counts 3&4: release left hands and finish with right shoulders opposite each other

On counts 5-6: clap your neighbor's hand, left hand to left hand

WALK FORWARD, ¼ TURN, ½ TRIPLE TURN, WALK FORWARD TWICE, SHUFFLE

9-10 **MAN:** Walk forward left, step right ¼ turn right, RLOD

LADY: Walk forward left, step right ¼ turn left, RLOD

11&12 **MAN:** ½ Triple turn right left-right-left into LOD

LADY: ½ Triple turn left left-right-left into LOD

13-14 Walk forward right, left

15&16 Right shuffle right-left-right

On count 9-10: change sides passing right shoulder to right shoulder

On counts 11 & 12: finish in left side by side

BOTH: ¼ STEP PIVOT TURN, MAN: ½ TRIPLE TURN, LADY: TRIPLE STEP, BOTH: CROSS ROCK, TRIPLE STEP

17-18 Step forward onto left, pivot ¼ turn right, OLOD

19&20 **MAN:** ½ Triple turn right left-right-left to face ILOD, lady: triple in place left-right-left

21-22 Cross rock right over left, recover back onto left

23&24 Triple step in place right-left-right

On counts 17-18: release left hands

On count 19&20: finish with right shoulders opposite each other

On counts 21-22: clap your neighbor's hand, left hand to left hand

WALK FORWARD, ¼ TURN, ½ TRIPLE TURN, ½ STEP PIVOT TURN, SHUFFLE

25-26 **MAN:** Walk forward left, step right ¼ turn right, LOD

LADY: Walk forward left, step right ¼ turn left, LOD

27&28 **MAN:** ½ Triple turn right left-right-left into RLOD

LADY: ½ Triple turn left left-right-left into RLOD

29-30 Step forward right, pivot ½ turn left into LOD

31&32 Right shuffle right-left-right

On count 25-26: change sides passing right shoulder to right shoulder

On counts 29-30: return to right side by side

STEP ¼ RIGHT, STEP BEHIND, ½ TRIPLE TURN LEFT, STEP SIDE, STEP BEHIND, CHASSE ¼ RIGHT

33-34 Step forward left ¼ turn right to face OLOD, step right behind left

35&36 ½ Triple turn left left-right-left to face ILOD

37-38 Step right to right side, step left behind right

39&40 Step right to right side, step left next to right, step right ¼ turn right into LOD

On count 35&36: release left hands and finish in reverse indian

On count 39&40: release left hands and return into right side by side

ROCK STEP, LEFT SHUFFLE BACK, ¼ TURN LEFT TWICE, RIGHT SHUFFLE

41-42 Step and rock forward with left, recover back onto right

43&44 Left shuffle backwards left-right-left

45-46 Step back on right ¼ turn left, step left ¼ turn left into RLOD

47&48 Right shuffle forward right-left-right into RLOD

On count 45&46: release left hands and rejoin in front at waist height, right hands at waist height behind

ROCK STEP, LEFT SHUFFLE BACK, ¼ TURN LEFT TWICE, RIGHT SHUFFLE

49-50 Step and rock forward with left, recover back onto right

51&52 Left shuffle backwards left-right-left

53-54 Step back on right ¼ turn left, step left ¼ turn left into LOD

55&56 Right shuffle forward right-left-right into LOD

On count 53-54: release right hands and return into right side by side

STEP LOCK, SHUFFLE, ROCK STEP, COASTER STEP

57-58 Step forward left, step and lock right behind left

59&60 Left shuffle left-right-left

61-62 Step and rock forward onto right, recover back onto left

63&64 Step back onto right, step left next to right, step forward right

REPEAT
