

Breathless

拍數: 64 牆數: 1 級數: Intermediate
編舞者: Simon Ward (AUS)
音樂: Breathless - The Corrs



- 1-4 Step right forward, pivot ½ turn left taking weight onto left foot, repeat
5-6 Rock right foot forward, rock/step left back
7&8 Step in place right-left-right turning a full turn right
- 9-10 Rock left forward, rock/step right back starting to make a ½ turn left
11-12 Complete ½ turn left stepping onto left foot, step right forward
13-14 Pivot ½ turn left taking weight onto left foot, rock right forward
15-16 Rock/step left back starting to make a ½ turn right, complete ½ turn right stepping onto right foot
- 17-18 Step left forward, pivot ½ turn right taking weight onto right foot
19&20 Shuffle forward left-right-left
21-22 Step right forward, pivot ½ turn left taking weight onto left foot
23-24 Step right forward, touch left toe behind right foot
- 25-26 Step left back, touch right toe back
27-28 Pivot ½ turn right taking weight onto left foot, step right back
29-30 Touch left toe back, pivot ¼ turn left taking weight even on both feet
31&32 Twist heels right-left-right
- 33-34 Step left slightly to left side, lock/step right behind left
35-36 Unwind & twist ½ turn right on ball of right and heel of left, twist ¼ turn left taking weight onto left foot
- 37-38 Step right forward, pivot ½ turn left taking weight onto left foot
39&40 Shuffle forward right-left-right
- 41-42 Step left back, step right back turning ½ turn right
43&44 Triple step left-right-left slightly forward turning ½ turn right
45-48 Step right back bumping hips back on right four times clicking right fingers on each hip bump
- 49-50 Step left forward, step right forward
51&52 Shuffle forward left-right-left turning ½ turn right
53&54 Step right back, step left next to right, step right forward (coaster step)
55&56 Shuffle forward left-right-left
- 57-58 Step right to right & sway hips to right, sway hips to left making a ¼, turn right taking weight back onto left
59&60 Step right back, step left next to right, step right forward (coaster step)
61-62 Step left to left & sway hips to left, sway hips to right making a ¼ turn left taking weight back onto right
63&64 Step left back, step right next to left, step left forward (coaster step)

REPEAT

TAG

On 4th wall leave last 8 beats out. That means you will finish on counts 55&56 facing front wall. (shuffle

forward left-right-left).
