

# Breathless

COPPER KNOB  
BY STEPHEN HETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Jimmy Barber  
音樂: What's In It for Me - Faith Hill



2nd Place Winner at Southern Dance Classic 2000

## RIGHT AND LEFT HEEL DIGS, SYNCOPATED ROCK RIGHT, LEFT AND RIGHT HEEL DIGS, SYNCOPATED ROCK TURNING ¼ LEFT

- 1&2&      Dig right heel forward, replace, dig left heel forward, replace  
3&4      Step right to right side rocking weight onto right and raising left heel, replace weight on left, step right in place next to left  
5&6&      Dig left heel forward, replace, dig right heel forward, replace  
7&8      Step left to left side rocking weight onto left and raising right heel, replace weight on right pivoting ¼ to left, slide left foot next to right

## RIGHT KICK, STEP & LEAN BACK, DIG LEFT FORWARD, ROLL WEIGHT FORWARD, SCOOT FORWARD TWICE, ½ PIVOT, SYNCOPATED ROCKS FORWARD AND BACK

- 9&10      Kick right forward, step right back, dig left heel forward with left leg straight, lean back with weight on right (leg slightly bent)  
11&12      Roll weight forward on to left foot, lowering toes and bringing weight forward from over right foot (back foot) to over left foot (front foot), bringing feet together, scoot (small jump, not lifting feet off floor) forward twice  
13-14      Step forward on right, pivot ½ to left  
15&      Step right forward rocking weight onto right, replace weight on left  
16&      Step right back rocking weight onto right, replace weight on left

## SYNCOPATED KICK & SIDE ROCKS MOVING FORWARD

- 17&      Kick right forward, step slightly forward  
18&      Step left to left side rocking weight onto left, replace weight on right  
19&      Kick left forward, step in place  
20&      Step right to right side rocking weight onto right, replace weight on left

## KICK & HEEL & POINT, HOPS TURNING ½

- 21&22&      Kick right forward, step in place, dig left heel forward, step in place  
23      Point right to right side  
&24      With weight on left, hop ¼ to right, raising right foot beside left knee, and repeat to complete ½ turn to face new wall with right foot off floor

An acceptable advanced alternative to this set of four counts is as follows:

## FULL TURN, JUMP APART, ½ TURNING HOPS

- 21-22      Step right behind left, unwind one full turn to right  
23      Jump feet slightly apart, preparing for weight to fall on left  
&24      With weight on left, hop ¼ to right, raising right foot beside left knee, and repeat to complete ½ turn to face new wall with right foot off floor

## RIGHT KICK-BALL-CROSS, SIDE STEP, SAILOR CROSS, SIDE STEP

- 25&26      Kick right forward, step right slightly back, cross left in front of right  
27-28      Step right to right side, slide left together putting weight on left (optional clap)  
29&30      Step right behind left (5th dance position), step left to side, cross right over left  
31-32      Step left to left side, slide right together (optional clap)

REPEAT

