

# Breathe In

**COPPERKNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Michael Vera-Lobos (AUS)  
音樂: Breathe In - Lucie Silvas



## **CROSS, POINT SIDE, COASTER STEP, STEP FORWARD, ¼ PIVOT LEFT, CROSS, ¼ RIGHT**

1-2-3&4      Cross right over left, point left to left, step back left & step right beside left, step forward left  
5-6-7-8      Step forward right, pivot ¼ left, cross right over left, turning ¼ right step back on left

## **FULL TURN BACK, COASTER STEP, SHUFFLE FORWARD, ROCK FORWARD, REPLACE**

1-2-3&4      Travel back - turn ½ right stepping onto right, turn a further ½ right stepping back on left, step back right & step left beside right, step forward right  
5&6-7-8      Shuffle forward left stepping left, right, left, rock forward right, rock back on left

## **TOUCH BACK, ½ TOE PIVOT & TOUCH BACK, ½ TOE PIVOT, STEP BACK, ½ STEP RIGHT, FULL SPIN FORWARD RIGHT**

1-2&3-4      Touch right toe back, pivot ½ right keeping weight left & stepping right beside left, touch left toe back, pivot ½ left keeping weight right  
5-6-7-8      Step back left, turn ½ right on right, travel forward turn a full turn right stepping left then right (6:00)

## **ROCK FORWARD, REPLACE, STEP BACK, DRAG BESIDE & ROCK BACK, REPLACE, ¼ RIGHT, ½ RIGHT**

1-2-3-4      Rock forward left, rock back right, step back left, drag right towards left (keep weight left)  
&5-6-7-8      Stepping right beside left rock back on left, rock forward right, travel forward turn ¼ right ending with left to left side, turn ½ right ending with right to right side facing (3:00)

## **CROSS ROCK, REPLACE, BALL CROSS, STEP SIDE, SAILOR RIGHT, TOUCH BEHIND, FULL UNWIND LEFT**

1-2&3-4      Cross rock left over right, rock back on right & stepping left to left cross right over left, step left to left  
5&6-7-8      Cross right behind left & rock left to left, replace weight center right, touch left behind right, unwind full turn left (weight left)

## **STEP SIDE RIGHT, KICK LEFT TO LEFT, LEFT SAILOR, TOUCH RIGHT BEHIND, FULL UNWIND RIGHT, SIDE ROCK REPLACE**

1-2-3&4      Step right to right, kick left to left, cross left behind right & rock right to right, replace weight on left  
5-6-7-8      Touch right toe behind left, unwind full turn right (end weight right 3:00), side rock left to left, replace weight right

## **TRAVEL BACK - CROSS BEHIND, SWEEP SIDE, CROSS BEHIND, SWEEP SIDE, COASTER LEFT, BALL STEP ½ PIVOT RIGHT**

1-2-3-4      Travel back - cross left behind right, sweep right to right, cross right behind left, sweep left to left  
5&6&7-8      Step back left & step right beside left, step forward left & step right beside left, step forward left, pivot ½ right (end weight right 9:00)

## **CROSS ROCK, REPLACE, FULL TRIPLE TURN LEFT, CROSS ROCK, REPLACE BALL CROSS, POINT SIDE**

1-2-3&4      Cross rock left over right, rock back on right, full triple left stepping left, right, left  
5-6&7-8      Cross rock right over left, rock back on left & stepping right to right cross left over right, point right to right

REPEAT

---