

Breath Of Life

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 2 級數: Intermediate nightclub
編舞者: Scott Schrank (USA)
音樂: Breath Of Your Life - Daryl Hall & John Oates



CROSS, RECOVER, TURN, SAILOR STEP, SAILOR STEP

1-2 Cross right over left rising left foot slightly, recover weight back to left
3-4 Step out ¼ turn right on right, finish with a ¼ turn on right to right placing weight on left
5&6 Step right behind left, step left next to right, step right slightly forward
7&8 Step left behind right, step right next to left, step left slightly forward

STEP, TURN, SAILOR STEP, STEP, TURN, SAILOR STEP

1-2 Step out ¼ turn to the right on right, make ¼ turn to right on right finishing with weight on left
3&4 Step right behind left, step left next to right, step right slightly forward
5-6 Make a ½ turn to the left on right foot, make a ½ turn to the left on left foot finishing with weight on right
7&8 Step left behind right, step right next to left, step left slightly forward

STEP, STEP, FULL TURN LEFT, STEP, ROCK RECOVER, ¼ TURN CHASSE

1-2 Step out right with a ¼ turn to the right, step forward left
3&4 Turn ¼ turn left on left, turn ½ turn left on right, turn ¼ turn left on left stepping out on right
5&6 Rock forward on left, recover weight to right, step left next to right
7&8 Turn ¼ turn to right while stepping to the right, bring left next to right, step right to right

SYNCOPATED SCISSORS, ROCK BACK RECOVER TWICE

1-2& Cross left over right and moving to the right, step right to right, recover weight back to left while turning slightly to the left
3-4 Cross right over left, step long stride out to left
5&6 Rock right behind left, recover weight to left, step right to right
7&8 Rock left behind right, recover weight to right, step left out to left

REPEAT
