

Breaks (P)

拍數: 56 牆數: 0 級數: Partner
編舞者: Irene Lloyd (UK)
音樂: That's the Breaks - George Strait



Position: Sweetheart Position, Both on same footwork

1-4 Step right to right side, cross left behind right, step right to right side, brush left forward
5-8 Step forward on left, rock back on right, left shuffle making ½ turn left (you are now facing RLOD)

Release right hands and raise left while turning. Man passing under lady's left arm. Rejoin right hands in front and under left hands - VW Position

9-16 Repeat steps 1-8, you are now facing LOD keeping hands joined, raise left while turning
Lady passes under man's left arm into Sweetheart Position

17-24 Step right forward (diagonally right), touch left beside right, step left forward (diagonally left), touch right beside left, step right back (diagonally right), touch left beside right, step left back (diagonally left), touch right beside left

25-32 Step right forward, brush left, forward coaster step (step left forward, right together, left back), step right back, touch left beside right, coaster step (back left, right together, left forward), step right forward, brush left, left shuffle forward, step right forward, brush left, left shuffle forward

33-40 Step right forward, rock back onto left, turn ½ turn right while doing a right shuffle in place, step left forward, rock back onto right, turn ½ left while doing a left shuffle in place keeping hands joined

41 **MAN:** (Help lady's turn) in place step right, left, right shuffle (raise left hand over lady's head. Turn to face lady bring left down. Hands should be crossed in front - left hand above right) in place step left, right, left shuffle (turning back to LOD - raise left hand over lady's head. Back into sweetheart position facing LOD)

LADY: (Keeping hands joined) do a ¾ turn to the right - stepping right, left, right shuffle, do a ¾ turn to the left - stepping left, right, left shuffle

49-56 **BOTH:** Right shuffle forward, left shuffle forward, step forward right, brush left, step forward left, brush right

REPEAT

TAG

To the fast music suggestion after 3 sequences there is a break in the music, do the following:

BOTH

1-4 (Release right hands) step right forward, hold, (raise left hand), pivot ½ turn left, hold

5-8 Repeat 1-4

9-14 (Rejoin right hands, back in Sweetheart Position) step right forward and hold for further 5 beats

Start dancing again when he says 'doin'