

Breaking Free

COPPER KNOB
BY STEPHEN T. S.

拍數: 32 牆數: 4 級數: Improver
編舞者: Debbie Pugh (UK)
音樂: Breaking Free - Troy & Gabriella



Start on the heavy beat after he sings "we're breaking free"

SIDE TOUCH LEFT CHASSE, CROSS ROCK RIGHT CHASSE

1-2 Step right to side touch left next to right
3&4 Step left to side, close right next to left, step left to left side
5-6 Cross rock right over left, recover on to left
7&8 Step right to side, close left next to right, step right to side

PIVOT TURN LEFT SHUFFLE FORWARD ROCK, RIGHT COASTER STEP

9-10 Step forward on the left pivot $\frac{1}{2}$ turn to the right
11&12 Step forward left, close right behind left, step forward left
13-14 Rock right forward, recover on to left
15&16 Step back on the right, step left next to right, step forward on the right

SIDE TOGETHER LEFT SHUFFLE BACK, RIGHT TOGETHER RIGHT SHUFFLE FORWARD

17-18 Step left to left side, step right next to left
19&20 Step back on left, close right besides left, step back left
21-22 Step right to right side, step left next to right
23&24 Step forward on right, close left besides right, step forward right

PIVOT $\frac{1}{4}$ TURN RIGHT, CROSS SHUFFLE, HINGE $\frac{1}{2}$ TURN, KICK BALL CHANGE

25-26 Step forward left, pivot $\frac{1}{4}$ turn right
27&28 Cross left over right, step right to side, cross left over right
29-30 Step back on right making $\frac{1}{4}$ turn left, step left to side making $\frac{1}{4}$ turn left
31&32 Kick right foot forward, step down on right, step forward left

REPEAT
