

# Break Or Make

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Nicola Glenc (UK)  
音樂: That's the Way a Woman Feels - Tina Arena



## SKATE RIGHT, LEFT, RIGHT, STEP, ROCK STEP, CHASSE RIGHT

- 1-3      Angling body 45 degrees with each toe step and turning toes out, swivel right foot, left foot, right foot  
4      Step left foot beside right  
5-6      Rock back on right foot, rock forward on left foot  
7&8      Step right foot to right side, close left beside right, step right to right side

## ROCK STEP, KICK-BALL-CROSS, PADDLE TURN ¼ TURN RIGHT

- 9-10      Rock back on left foot, rock forward on right  
11&12      Kick left foot forward, step on ball of left foot, cross right foot over left  
13-14      Step left foot forward turning body 1/3 turn to the right  
15-16      Step left foot forward turning body 1/3 turn to the right

## CROSS, SIDE, SAILOR STEP, CROSS, SIDE, SAILOR STEP

- 17-18      Step left across in front of right, step right to right side  
19&20      Cross left behind right, step right to right side, step left in place  
21-22      Step right across in front of left, step left to left side  
23&24      Cross right behind left, step left to left side, step right in place

## KICK-BALL-POINT, CROSS, UNWIND, CHASSE LEFT, ROCK STEP

- 25&26      Kick left foot forward, step on ball of left, next to right, point right toe to right side  
27-28      Cross right over left, unwind ½ turn left  
29&30      Step left foot to left side, close right beside left, step left to left side  
31-32      Rock back on right foot, rock forward on left

## REPEAT

The tags are only used if dancing to the Tina Arena track

### TAG 1

Performed once at the end of wall three only

#### CHASSE RIGHT, ROCK STEP, CHASSE LEFT ROCK STEP

- 1&2      Step right to right side. Close left behind right. Step right to right side  
3-4      Rock back on left. Rock forward on right  
5&6      Step left to left side. Close right beside left. Step left to left side  
7-8      Rock back on right foot. Rock forward on left

### TAG 2

Performed after wall four only

#### STEP ½ PIVOT LEFT TWICE

- 1-2      Step forward on right foot. Pivot ½ turn left  
3-4      Step forward on right foot. Pivot ½ turn left