

Break ' Up

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Esteve Mir (ES)
音樂: Break the Radio - Daron Norwood



RIGHT TOUCH, HOOK, TOUCH, TOGETHER, SWIVELS

1-2 Touch right heel forward; hook right heel in front of left leg
3-4 Touch right heel forward; step right foot beside left
5-6 Swivel heels right; swivel toes right
7-8 Swivel heels right; clap hands

LEFT TOUCH, HOOK, TOUCH, TOGETHER, SWIVELS

9-10 Touch left heel forward; hook left heel in front of the right leg
11-12 Touch left heel forward; step left beside right
13-14 Swivel heels left; swivel toes left
15-16 Swivel heels left; clap hands

RIGHT TOE, LEFT HEEL, STOMP, STOMP FORWARD

17-18 Touch right toe to right side; step right foot beside left
19-20 Touch left heel forward; step left foot beside right
21-22 Touch right toe to right side; step right foot beside left
23-24 Stomp left foot beside right; stomp left foot forward

TWIST & ¼ TURN RIGHT, HOLD, JUMPING JACK & CROSS STEPS, ½ TURN RIGHT, HOLD, STOMP RIGHT, STOMP LEFT

25& Swivel both heels to left; swivel both heels to right
26-27 Swivel both heels to left making ¼ turn to right; hold
28& Jump landing with feet shoulder width apart; jump crossing left over right
29-30 On balls of both feet turn ½ turn right; hold
31-32 Stomp right beside left; stomp left beside right

REPEAT
