

# Bread On The Table

**COPPERKNOB**  
BY STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Maggie Gallagher (UK)  
音樂: Bread On the Table - Tom Wurth



Please note that towards the end of the track the music fades out. Keep dancing and it kicks back in

## **SIDE ROCKS, CROSS BEHIND, SIDE LEFT, HEEL-GRIND, SIDE LEFT, CROSS BEHIND SIDE LEFT**

1-2      Side rock to right side, recover onto left side (12:00)  
3-4      Cross right behind left, step left to left side  
5-6      Right crossing heel-grind, step left to left side  
7-8      Cross right behind left, step left to left side

## **HEEL-GRIND, SIDE LEFT, BACK ROCK, FORWARD ROCK, STEP, ½ PIVOT LEFT, STEP, HOLD**

1-2      Right crossing heel-grind, step left to left side  
3-4      Rock back onto right, rock forward onto left  
5-6-7      Step forward on right, ½ pivot turn left, step forward on right (6:00)  
8      Hold

**Tag 2 occurs here during wall 4 while facing the front wall**

## **FULL TURN RIGHT MOVING FORWARD, HOLD, ROCKING CHAIR**

1-2-3      ½ turn right stepping back on left, ½ turn right stepping forward on right, step forward on left  
4      Hold  
5-6-7-8      Rock forward on right, rock back on left, rock back on right, rock forward on left

## **STEP, ¼ LEFT, RIGHT CROSS, HOLD, SIDE ROCK, RECOVER, LEFT CROSS, HOLD**

1-2      Step forward on right, make ¼ turn left ending with weight on left (3:00)  
3-4      Cross right over left, hold  
5-6      Rock left to left side, recover onto right side  
7-8      Cross left over right, hold

## **STEP DIAGONAL, TOUCH, STEP BACK DIAGONAL, TOUCH, RIGHT LOCK BACK, TOUCH**

1-2      Step forward right- right diagonal, touch left next to right  
3-4      Step back left-left diagonal, touch right next to left  
5-6      Step back right, lock left across right  
7-8      Step back right, touch left slightly in front of right

## **STEP, TOUCH, STEP BACK, TOUCH, LEFT LOCK FORWARD, HOLD**

1-2      Step forward on left, touch right next to left  
3-4      Step back on right, touch left next to right  
5-6-7      Step forward on left, lock right behind left, step forward on left  
8      Hold

## **RIGHT FORWARD MAMBO, HOLD, BACK LEFT, HOLD, BACK RIGHT, TOGETHER**

1-2-3      Mambo forward onto right, recover back onto left, step right beside left  
4      Hold  
5-6      Walk back on left, hold  
7-8      Step back on right, step left next to right

## **HEEL STEPS, ¼ RIGHT, TOGETHER, SIDE ROCK, RECOVER, TOUCH, HOLD**

1-2      Step forward onto right heel, step onto left heel level with right but shoulder width apart (full weight is on both heels)

3-4                    ¼ turn right stepping right to right side, step left next to right (6:00)  
5-6-7                Rock right to right side, recover onto left side, touch right next to left  
8                      Hold (6:00)

**REPEAT**

**TAG**

**At the end of wall 1 facing the back wall**

**4 KNEE POPS**

1-4                    Knee pops left, right, left, right

**Restart**

**TAG**

**During wall 4 after 16 counts**

1-2                    Step forward on the left, touch right next to left

**Restart**

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