

Brainstorm (L/P)

COPPERKNOB
STEPSHEETS

拍數: 68 牆數: 2 級數: Intermediate line/partner dance
編舞者: Marc Alier, Bet Gurt, Isabel Serra & Josep Viladrich (ES)
音樂: Bible Belt - Travis Tritt



STOMP, KICKS AND HOOKS TRAVELING RIGHT, STOMP TWICE

- 1-2 Stomp right foot beside left foot; kick right foot forward
&3&4 Right foot beside left foot; hook left back right leg; step left foot beside right foot; kick right foot forward
&5&6 Step right foot beside left foot; kick left foot forward; step left foot beside right foot; hook right back left leg
7-8 Stomp right foot beside left foot twice

From 3 to 6 traveling right slightly

RIGHT ROCK STEP, ½ LEFT TURN TWICE, RIGHT ROCK STEP, ½ TURN WITH RIGHT SHUFFLE

- 9-10 Rock to the right side on right foot; rock in place on left foot
11-12 Cross right foot over left foot while turning ½ left; cross left foot behind right foot while turning ½ left
13-14 Rock forward on right foot; rock in place on left foot
15&16 Shuffle step ½ turn right and step right, left, right

LEFT ROCK STEP, LEFT SHUFFLE BACK, COASTER STEP, STOMP

- 17-18 Rock forward on left foot; rock in place on right foot
19&20 Shuffle step back stepping left, right, left
21-24 Step right foot back; step left foot back beside right foot; step right foot forward; stomp left foot beside right foot

RIGHT SWIVET, LEFT SWIVET, MONTERREY TURN

- 25-28 With weight on left heel/right toe: twist to face left; return; with weight on right heel/left toe: twist to face right; return
29-32 Touch right toe to right side; ½ turn right bringing right foot beside left foot; touch left toe to left side; step left foot beside right foot

SHUFFLE ¼ TURN, ½ TURN RIGHT, STEPS & HOLDS FORWARD, FULL TURN TRAVELING FORWARD, STEPS & HOLDS FORWARD

- 33&34 Shuffle step ¼ turn right and step right, left, right
35-36 Step left foot forward; ½ turn right
37-38 Step left foot forward; step right foot forward
39-42 Step left foot forward; hold; step right foot forward; hold
43-44 Step left foot forward with ½ turn right; step right foot back with ½ turn right
45-48 Step left foot forward; hold; step right foot forward; hold

From 37 to 48 steps rhythm two step - quick, quick, slow, slow

RIGHT TURN, SYNCOPATED HEELS, HOLD

- 49-52 Step left foot forward; ½ turn right twice
53&54 Touch left heel forward; step left foot beside right foot; touch right heel forward
&55-56 Step right foot beside left foot; touch left heel forward; hold

SYNCOPATED TOES, HOLD, ½ RIGHT TURN, RIGHT SCOOTs

- &57&58 Step left foot beside right foot; touch right toe to right side; touch right foot beside left foot; touch left toe to left side
&59-60 Step left foot beside right foot; touch right toe to right side; hold

61-62 ½ Turn right bringing right foot beside left foot; hold
63-64 Scoot forward right with left hitch; twice

LEFT STEP, RIGHT STOMP, ¼ RIGHT TURN, LEFT STOMP

65-66 Step left foot forward; stomp right foot beside left foot
67-68 Step right foot with ¼ turn right; stomp left foot beside right foot

REPEAT

OPTION:

Men and women should get in alternative lines: women's lines in front of men's lines facing the same direction. Counts from 37 to 42: the man and the woman hold hands count 43: (when the man is on the woman's left) he drives the woman's hand forward while he continues the counts without making any turn. (when the man is on the woman's right) he drives the woman's hand backwards while he continues the counts without making any turn.
