

# Brain In A Jar

**COPPER** **KNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Improver  
編舞者: Lu Olsen (AUS)  
音樂: Brain In a Jar - James Bonamy



## HEEL FORWARD, TOGETHER, TOE BACK, FORWARD, SHUFFLE FORWARD, FORWARD, ½ PIVOT

1-2-3-4      Touch right heel forward, step right beside left, touch left toe back, step left forward  
5&6      Shuffle forward right, left, right  
7-8      Step left forward, ½ right pivot turn (weight on right) 6:00

## HEEL FORWARD, TOGETHER, TOE BACK, TOGETHER, SHUFFLE FORWARD, FORWARD, ¼ PIVOT

1-2-3-4      Touch left heel forward, step left beside right, touch right toe back, step right forward  
5&6      Shuffle forward left, right, left  
7-8      Step right forward, ¼ left pivot turn (weight on left) 3:00

## SCUFF, TOUCH, CROSS, ¼ STEP BACK, ¼ RIGHT MONTEREY

1-2-3-4      Scuff right toe beside left, touch right toe to right, cross right over left, ¼ right turn and step left back, 6:00  
5-6      (¼ Monterey) touch right to right side, ¼ right turn & step right beside left  
7-8      Touch left to left side, step left beside right (9:00)

Restart from here on wall 4

## SHUFFLE FORWARD, FORWARD, PIVOT, ½ TURNING SHUFFLE TURN, ROCK BACK, FORWARD

1&2-3-4      Shuffle forward right, left, right, step left forward, ½ right pivot turn  
5&6      ½ right turning shuffle stepping left, right, left  
7-8      Rock right back, rock left forward, 9:00

## (TRAVELING FORWARD AT 45) KICK, BALL, CROSS, FORWARD DIAGONAL & DRAG, STEP TOGETHER KICK BALL, CROSS, FORWARD DIAGONAL & DRAG, STEP TOGETHER

1&2-3-4      Kick right forward, step right slightly back, cross left over right, step right forward at right 45 & drag left, step left beside right  
5&6-7-8      Kick right forward, step right slightly back, cross left over right, step right forward at right 45 & drag left, step left beside right

## ROCK, REPLACE, CROSS SHUFFLE, SIDE, ½ HINGE, SHUFFLE FORWARD

1-2-3&4      Rock right to right side, replace weight on left, cross shuffle right over left  
5-6      Step left to left side, ½ right hinge turn and step right to right side  
7&8      Shuffle forward left, right, left, 3:00

## STEP FORWARD, LOCK BEHIND, LOCK SHUFFLE FORWARD, STEP SIDE, SLIDE, LEFT COASTER

1-2-3&4      Step right forward at right 45, lock left behind right, lock shuffle right, left, right forward at right 45  
5-6      Step left to left side, slide/step right beside left  
7&8      (Left coaster) step left back, step right beside left, step left forward

## FORWARD, ¼ PADDLE, FORWARD, ¼ PADDLE, RIGHT JAZZ BOX, FORWARD

1-2-3-4      Step right forward, ¼ left paddle turn, step right forward, ¼ left paddle turn  
5-6-7-8      (Jazz box) cross right over left, step left back, step right beside left, step left forward 9:00

REPEAT

TAG

**At end of wall 1**

1-2-3-4            Step right forward,  $\frac{1}{2}$  left pivot turn, step right forward,  $\frac{1}{2}$  left pivot turn

**RESTART**

On wall 4, dance the first 24 counts of the dance then start wall 5 again facing the front

**ENDING**

To finish to front, dance to count 32. On counts 29&30 replace  $\frac{1}{2}$  turning shuffle with  $\frac{1}{4}$  right turning shuffle and stomp right beside left on last note

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