

Caliente

拍數: 64
編舞者: LineDanceSport
音樂: Salsa

牆數: 1

級數: LineDanceSport Routine



This dance uses Mambo patterns from the LineDanceSport syllabus, but breaks on 1 for a Salsa feeling.

MAMBO BASICS (DO TWO TIMES)

- 1-2 Left foot rock forward, right foot step in place
- 3-4 Left foot step together, hold
- 5-6 Right foot rock back, left foot step in place
- 7-8 Right foot step together, hold
- 9-16 Repeat 1-8

VINES WITH FLARES

- 1-2 Left foot step to side, right foot step together
- 3-4 Left foot step to side, right heel flare
- 5-6 Right foot step to side, left foot step together
- 7-8 Right foot step to side, left heel flare
- 9-16 Repeat

5TH POSITION BREAKS, WALKAROUND TURN, 5TH POSITION BREAKS

- 1-2 Left foot step in back (5th position), right foot step in place
- 3-4 Left foot step together, hold
- 5-6 Right foot step in back (5th position), left foot step in place
- 7-8 Turn 1/8 right and step right foot diagonally forward to right, hold
- 1-2 Step left foot in front, turn 1/2 right and step right foot in place
- 3-4 Turn 3/8 right and step left foot to side, hold
- 5-6 Right foot in back (5th position), left foot step in place
- 7-8 Right foot step together, hold

MAMBO BASIC

- 1-2 Left foot rock forward, right foot step in place
- 3-4 Left foot step together, hold
- 5-6 Right foot rock back, left foot step in place
- 7-8 Right foot step together, hold

SIDE BREAK

- 1-2 Left foot step to side, right foot step in place
- 3-4 Left foot step together, hold
- 5-6 Right foot step to side, left foot step in place
- 7-8 Right foot step together, hold

REPEAT