

Cajun Moon

拍數: 32 牆數: 4 級數: Improver polka
編舞者: Gert Wollschlager (DE) & Susanne Schalewa (DE)
音樂: Cajun Moon - Ricky Skaggs



SHUFFLE, FULL TURN RIGHT, SHUFFLE, ROCK STEP

1 Step right foot forward
& Step left foot next to right foot
2 Step right foot forward
3 ½ turn right, step left foot back
4 ½ turn right, step right foot forward

Option:

3-4 Two walks forward

5 Step left foot forward
& Step right foot next to left foot
6 Step left foot forward
7 Rock right foot forward
8 Recover to left foot

SCOOTS BACK, SAILOR TURN, ½ TURN CROSS SHUFFLE

& Scoot left foot back, hitch right knee
9 Step right foot back
& Scoot right foot back, hitch left knee
10 Step left foot back
& Scoot left foot back, hitch right knee
11 Step right foot back
& Scoot right foot back, hitch left knee
12 Step left foot back

13 Cross right foot behind left foot
& ¼ turn right, step left foot back
14 Step right foot forward (facing 3:00)
& Step on ball of left foot to the side
15 ¼ turn right, cross right foot in front of left foot (facing 6:00)
& Step on ball of left foot to the side
16 ¼ turn right, cross right foot in front of left foot (facing 9:00)

SIDE ROCK, BEHIND-SIDE-CROSS, TOUCH SCOOT, STEP BACK, ROCK STEP

17 Rock left foot to the side
18 Recover to right foot
19 Cross left foot behind right foot
& Step right foot to the side
20 Cross left foot in front of right foot

21 Touch right foot back
& Scoot left foot back
22 Step right foot back
23 Rock left foot back
24 Recover to right foot

HITCH, CHASSÉ LEFT, HEEL SWITCHES, CLAP (2X), HOOK

- & Hitch left knee
- 25 Step left foot to the side
- & Step right foot next to left foot
- 26 Step left foot to the side
- & Step right foot next to left foot
- 27 Step left foot to the side
- & Step right foot next to left foot
- 28 Step left foot to the side

- 29 Touch right heel forward
- & Step right foot next to left foot
- 30 Touch left heel forward
- & Step left foot next to right foot
- 31 Touch right heel forward
- & Clap hands
- 32 Clap hands
- & Right foot hook

REPEAT

TAG

After 3rd & 5th repetitions, dance the following:

FULL TURN WITH HEEL SWITCHES, HOOK

With the turns & heel switches you complete a full turn right

- & Small turn right, step right foot in place
 - 1 Touch left heel forward
 - & Small turn right, step in left foot place
 - 2 Touch right heel forward
 - & Small turn right, step right foot in place
 - 3 Touch left heel forward
 - & Small turn right, step left foot in place
 - 4 Touch right heel forward
 - & Small turn right, step right foot in place
 - 5 Touch left heel forward
 - & Small turn right, step left foot in place
 - 6 Touch right heel forward
 - & Right foot hook
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