

Cabin Fever

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 2 級數: Intermediate
編舞者: Brenda Jean Miller
音樂: From Good to Bad to Worse to Gone - Ricochet



LEFT CROSSOVER WITH HEEL GRINDS

- 1-2 Cross-step right over left; grinding right heel and turning toes right, step left to left side
- 3-4 Cross-step right over left; grinding right heel and turning toes right, step left to left side
- 5-6 Cross-step right over left; grinding right heel and turning toes right, step left to left side
- 7-8 Cross-step right over left; grinding right heel and turning toes right, step left to left side.

STOMPS, HEEL CLICKS

- 9-10 Stomp slightly forward on right; stomp left beside right
- 11-12 On balls of both feet, click heels together twice
- 13-14 Stomp slightly forward on right; stomp left beside right
- 15-16 On balls of both feet, click heels together twice

RIGHT GRAPEVINE, HIP BUMPS

- 17-18 Step right to right side; cross-step left behind right
- 19-20 Step right to right side; touch left beside right
- 21-22 Stepping left to left side, bump hips left twice
- 23-24 Shifting weight o right, bump hips right twice.

LEFT GRAPEVINE, HIP BUMPS

- 25-26 Step left to left side; cross-step right behind left
- 27-28 Step left to left side; touch right beside left
- 29-30 Stepping right to right side, bump hips right twice
- 31-32 Shifting weight to left, bump hips left twice.

ROCK STEPS, ½ PIVOT, KICKS

- 33-34 Keeping left in place, step forward on right; rock-step back on left
- 35-36 Keeping left in place, step back on right; rock-step forward on left
- 37-38 Step forward on right; pivot ½ turn left, changing weight to left
- 39-40 Kick right forward twice.

REPEAT
