

# Cabin Fever

拍數: 40      牆數: 2      級數: Intermediate  
編舞者: Brenda Jean Miller  
音樂: From Good to Bad to Worse to Gone - Ricochet



## LEFT CROSSOVER WITH HEEL GRINDS

- 1-2      Cross-step right over left; grinding right heel and turning toes right, step left to left side
- 3-4      Cross-step right over left; grinding right heel and turning toes right, step left to left side
- 5-6      Cross-step right over left; grinding right heel and turning toes right, step left to left side
- 7-8      Cross-step right over left; grinding right heel and turning toes right, step left to left side.

## STOMPS, HEEL CLICKS

- 9-10      Stomp slightly forward on right; stomp left beside right
- 11-12      On balls of both feet, click heels together twice
- 13-14      Stomp slightly forward on right; stomp left beside right
- 15-16      On balls of both feet, click heels together twice

## RIGHT GRAPEVINE, HIP BUMPS

- 17-18      Step right to right side; cross-step left behind right
- 19-20      Step right to right side; touch left beside right
- 21-22      Stepping left to left side, bump hips left twice
- 23-24      Shifting weight o right, bump hips right twice.

## LEFT GRAPEVINE, HIP BUMPS

- 25-26      Step left to left side; cross-step right behind left
- 27-28      Step left to left side; touch right beside left
- 29-30      Stepping right to right side, bump hips right twice
- 31-32      Shifting weight to left, bump hips left twice.

## ROCK STEPS, ½ PIVOT, KICKS

- 33-34      Keeping left in place, step forward on right; rock-step back on left
- 35-36      Keeping left in place, step back on right; rock-step forward on left
- 37-38      Step forward on right; pivot ½ turn left, changing weight to left
- 39-40      Kick right forward twice.

## REPEAT

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