

C'mon Dance (P)

拍數: 40 牆數: 0 級數: Partner
編舞者: Patrick Latendresse (CAN)
音樂: Long Trail of Tears - George Ducas



Position: Man is behind the lady, and holding hands at shoulders level in front of her (sweetheart not side by side), dancers facing out the line of the dance
All steps are the same for both dancers

SYNCOPATED RIGHT VINE, SIDE-ROCK, SYNCOPATED LEFT VINE

1-2-3 Cross left behind right, step to right side with right, cross left over right
&4 Step on ball of right to right side (&), cross left behind right
5-6 Rock to right side with right, recover onto left
7&8 Cross right over left, step on ball of left to left (&), cross right behind left
Do not release hands

SIDE SHUFFLE LEFT WITH ¼ TURN LEFT, STEP, PIVOT TURN ½ LEFT, SHUFFLE FORWARD, STEP, ¼ TURN RIGHT

1&2 Side shuffle to left start with left, slide right next to left (&), start ¼ turn left while step forward left

Release the right hand in the count of one (1)

3-4 Step forward right, pivot ½ turn left weight on left

Take back right hand in front of the man's right shoulder and the left hand will pass behind the lady's head in the count of four (4)

5&6 Forward shuffle start on right (right, left, right)
7-8 Step forward left, start ¼ turn right weight on right

Release left hand in the count of six (6), the right hand will pass over the man's head and goes to behind the man's belt, take back the left hand behind the man's belt too

SAILLOR SHUFFLE LEFT, SAILLOR SHUFFLE RIGHT WITH ¼ TURN RIGHT, WALK TWICE, SHUFFLE F

1&2 Cross left foot behind right, step on ball of right (&), step left home
3&4 Start ¼ turn right while cross right foot behind left, step on ball of left (&), step right home
Do not release hands, keep left hand behind the man's belt and the right hand goes in front of the lady's buckle (skating position)
5-6 Step forward left, step forward right
7&8 Forward shuffle start on left (left, right, left)

ROCK-STEP FORWARD, COASTER-STEP, STEP, PIVOT ½ TURN RIGHT, ROCK-STEP

1-2 Rock forward right, recover onto left
3&4 Step back with right, step left next to right (&), step forward right
5-6 Step forward left, pivot ½ turn right weight on right
Release left hand in the count of five (5) and right hand will pass over the lady's head, take back left hand as a reverse sweetheart position (left hand over the lady's left shoulder) in the count of six (6)
7-8 Rock forward left, recover onto right

COASTER-STEP, STEP, PIVOT ½ TURN LEFT, SHUFFLE F, STEP F, ¼ TURN RIGHT

1&2 Step back with left, step right next to left (&), step forward left
3-4 Step forward right, pivot ½ turn left weight on left
Do not release hands
5&6 Shuffle forward start on right (right, left, right)
7-8 Step forward left, start ¼ turn right transfer weight on right

REPEAT

