

C'mon...C'mon

拍數: 32 牆數: 4 級數: Intermediate
編舞者: John Robinson (USA)
音樂: Tell Me How You Feel - Joy Enriquez



Start after the first 8 beats. This song is slow, sexy, and has a lot of attitude, so do the dance slow, sexy, and with lots of attitude!

TOE-HEEL STRUT (RIGHT THEN LEFT), RIGHT STEP, PIVOT ½ LEFT, RIGHT LOCKING TRIPLE

- 1-2 Right toe touch forward, drop right heel to floor with weight
- 3-4 Left toe touch forward, drop left heel to floor with weight
- 5-6 Step right forward, pivot ½ left shifting weight to left foot
- 7&8 Step right forward, left lock step behind right, step right forward

MODIFIED HEEL JACKS (HEEL & TOE & HEEL & TOE), ¼ PIVOT RIGHT WITH RIGHT TOE TOUCH, SYNCOPATED DOUBLE HIP SHAKE, RIGHT KICK

- 1&2& Left heel tap forward, left step home, right toe touch next to left, right step slightly back
- 3&4 Left heel tap forward, left step home, right toe touch next to left
- 5&6 Pivot ¼ right and touch right toe side right, keeping weight on left foot bend knees slightly shaking hips right, left
- &7&8 With weight still on left foot and knees still bent shake hips right, left (&7), straighten up (&), kick right foot towards right diagonal

STEP DOWN, TOE TAP DIAGONALLY LEFT, STEP DOWN, TOE TAP DIAGONALLY RIGHT, SYNCOPATED RIGHT TOE TAPS, STEP DOWN, LEFT SAILOR TURNING ¼ LEFT

- 1-2 Right step down, left toe tap toward left diagonal angling body left to match (snap fingers)
- 3-4 Left step down, right toe tap toward right diagonal angling body right to match (snap fingers)
- 5&6 Right toe tap out two times, slightly farther toward right diagonal each time (5&), right step down
- 7&8 Left step ball of foot behind right, right small step side right, left step into ¼ turn left

RIGHT ROCK, RECOVER, TRIPLE TURNING ½ RIGHT, LEFT ROCK, RECOVER, LEFT STEP INTO ½ TURN LEFT, RIGHT TOE SWEEP TURNING ¼ LEFT

- 1-2 Right rock ball of foot forward, recover weight to left
- 3&4 Pivot ½ turn right off left foot stepping right foot forward, left step forward instep to right heel, step right forward
- 5-6 Left rock ball of foot forward, recover weight to right
- 7-8 Left step into ½ turn left, right toe sweep turning ¼ left bringing right toe next to left to finish

REPEAT